

## ASSISTED SELF MARSHALLING

- Swimmers are responsible for being ready to take their position on the starting platform or in the water when whistled up by the referee.
- Swimmers will have assisted self-marshalling at this meet. Check starters will be available to assist, support and direct swimmers on the pool deck when requested by the swimmer. The Clerk of Course (Marshal) in the marshalling area will indicate when the next heat is required to move to the pool deck behind the blocks.
- Swimmers are expected to know what event, heat and lane they will be swimming in from the published program.
- There will also be copies of the program/race sheets posted in the marshalling area.
- Swimmers will report to the markers behind the blocks, for their event preferably via the marshalling area, as per the following process: In order to avoid congestion and ensure social distancing, please note that swimmers need only be available to enter the marshalling area or markers behind the blocks:- → Four (4) heats prior to their heat for 50m, 100m and 200m events → For events 400m and more, two (2) heats prior to their event
- The first heat of sessions should report 5minutes prior to the scheduled start time.
- There will be markers behind the timekeepers at the start end
- After the start of the previous heat, swimmers may progress to the next marker position without causing any interference with the Technical Officials. Swimmers are expected to be at the place ready for the whistles to start their event.
- Swimmers will not be prevented from swimming they only make to the starting platform the heat prior to their event (This is a guide only to allow the event to flow. Leniency will be employed by Referees whilst this process is initially implemented.) If a swimmer misses their heat they must alert a Technical Official and they will be placed in a spare lane, if it becomes available.
- The Referee will ultimately make decisions as to entitlement to swim.
- Where a swimmer has entered, but will not be in attendance for a day, or the whole meet, the Recorders should be advised prior to the commencement of the day's competition. We look forward to your assistance and cooperation in making this a success and that it will benefit the performance of our athletes.