



Para Swimming 2024 (formerly Multi Class Swimming)

(For Athletes with a Disability)

Training and Information Day

Registration Form (PLEASE RETURN BY 14th October 2024)

Please complete the form below and return to Swimming North Coast swimmingnorthcoastdev@gmail.com

or mail to PO Box 100, Bonny Hills NSW 2445.

OR Complete the form electronically through this link [2024 SNC MULTI-CLASS TRAINING & INFORMATION DAY](#)

For more information, please call;

Ann Pilkie, Swimming North Coast President on 0476 346 651 swimmingnorthcoastpresident@gmail.com

For more information on getting a Physical Classification contact:

Michelle Boon finance@nsw.swimming.org.au

Venue: South Grafton Indoor Pool, 77-79 Cambridge Street, South Grafton.

Date: Sunday 20th October 2024

Time: 9.15 am – 3.00 pm approximately

Cost: Swimming North Coast will be hosting the event and covering pool entry, coaching, presenters and lunch for swimmers. FREE to North Coast Swimmers. \$5.00 fee for those from outside the North Coast

Any additional expenses, including but not limited to, travel, accommodation and supplementary drinks or snacks will need to be covered by attending swimmers and their families.

Catering: Lunch for swimmers will be provided

What to bring: Please bring swimwear, swim cap, goggles and towel and footwear and something warm to wear in the lunch break.

Parents are welcome and required to remain in attendance throughout the day. Presentations will be directed to parents and swimmers to provide valuable and informative information about the sport.



Swimmer's Name: _____

Address: _____

Phone: _____

Email: _____

Swimmer's DOB: _____

Parent/ Carer's Name: _____

Coach: _____

Pool: _____

Is your swimmer registered with a Swimming Club?: **Y/ N** Which Club? _____

Does your swimmer have a MC classification?: **Y / N** Classification _____

Dietary Restrictions? _____ please list _____

Do you consent to having photographs taken? _____ **Y / N** _____

Choose your preferred distance to race each stroke from 25m 50m 100m

Backstroke _____ Breaststroke _____ Butterfly _____ Freestyle _____