

Para Swimming 2023 (formerly Multi Class

Swimming)

(For Athletes with a Disability)

Training and Information Day

Registration Form (PLEASE RETURN BY 19th October 2023)

Please complete the below form and return to Swimming North Coast Development Committee via email swimmingnorthcoastdev@gmail.com or mail to PO Box 100, Bonny Hills NSW 2445.

For more information, please call;

Ann Pilkie, Swimming North Coast President on (02) 65848246 Lyn Connell, Swimming NSW Club Support Officer on 0410 014 356

Venue: South Grafton Indoor Pool, 77-79 Cambridge Street, South Grafton.

Date: Sunday 29th October 2023

Time: 9.30 am - 3.00 pm approximately

Cost: Swimming North Coast will be hosting the event and covering pool entry, coaching, presenters and lunch for swimmers.

Any additional expenses, including but not limited to, travel, accommodation and supplementary drinks or snacks will need to be covered by attending swimmers and their families.

Catering: Lunch for swimmers will be provided

What to bring: Please bring swimwear, swim cap, goggles and towel and footwear and something warm to wear in the lunch break.

Parents are welcome and required to remain in attendance throughout the day. Presentations will be directed to parents and swimmers to provide valuable and informative information about the sport.

Address:	
	Email:
Swimmer's DOB:	Club if Applicable:
Coach:	Pool:
ls your swimmer registered wi	th Swimming NSW & Swimming North Coast Club?:
Does your swimmer have a M	C classification?:
Dietary Restrictions?	please list