



FORSTER AQUATIC SWIMMING CLUB SHORT COURSE QUALIFYING CARNIVAL

Great Lakes Aquatic Leisure Centre, Lake Street, Forster

Sunday 19<sup>th</sup> May 2024

Warm up from 8:00-8:45am. Meet commences at 9:00am.

Male	Female	Age	Distance	Stroke		Male	Female	Age	Distance	Stroke
1	2	Open	400	Free		41	42	Open	200	Free
3	4	12/U	200	IM		43	44	12&U	100	IM
5	6	13&O	200	IM		45	46	13/O	100	IM
7	8	10/U	25	Free		47	48	Open	200	Back
9	10	12/U	50	Free		49	50	10/U	25	Breast
11	12	13&O	50	Free		51	52	12/U	50	Breast
13	14	Multiclass	50	Free		53	54	13/O	50	Breast
15	16	Open	200	Fly		55	56	Multiclass	50	Breast
17	18	12/U	100	Breast		57	58	12/U	100	Free
19	20	13&O	100	Breast		59	60	13/O	100	Free
21	22	10/U	25	Back		61	62	10/U	25	Fly
23	24	12/U	50	Back		63	64	12/U	50	Fly
25	26	13&O	50	Back		65	66	13&O	50	Fly
27	28	Multiclass	50	Back		67	68	Multiclass	50	Fly
29	30	Open	400	IM		69	70	12/U	100	Back
31	32	12/U	100	Fly		71	72	13&O	100	Back
33	34	13&O	100	Fly		Mixed Time Trial		Open	800	Free
35	36	Open	200	Breast						
Events 37, 38, 39, 40 Dash for Cash & LUNCH BREAK										

CONDITIONS OF ENTRY:

1. This is an area approved meet conducted under the rules of Swimming NSW Ltd. Official times will be uploaded to the national database.
2. Age as of 19th of May 2024.
3. **All entries on line via swim central except the 800m free time trial which can be entered by emailing your swimmers name, club, date of birth and entry time to [fasc.race.secretary@gmail.com](mailto:fasc.race.secretary@gmail.com) . There is a maximum of 2 heats of the 800m and when this limit is reached, no more entries will be accepted so please enter early to avoid disappointment.**
4. Swimmers entering 25m events are not eligible to enter 50m, 100m or 200m events in that stroke. Rule considerations will apply for 25m events. Minimum age for 400IM & 800m freestyle is 12 years and 400m freestyle is 10 years.
5. All events are timed finals with medals awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place getters in 8/U, 9-10, 11-12 years and cash prizes for 13/14 and 15&O 50 & 100m events and also in the 100IM & 200IM. In open events cash prizes will be awarded to 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> places only. For 25m events medals will be awarded to 6/U, 7-8 and 9/10 years. There will be no medals or cash prizes for the 800m time trial.
6. **Dash for Cash** will be run after the morning sessions and will be run in 2 categories, U12 & 13&O. To be eligible to swim this event a competitor must have entered a minimum of 4 events for the meet. The 8 fastest 50 meter boys and girl freestyle swimmers at the meet will be invited to swim for a cash prizes \$50 in a 50m freestyle sprint.
7. Entry fee \$9.00 per event. Entries close at 9am on 13 May 2024. Competitor entry limits may apply and entries may close early when an approx 3pm timeline is reached. Please select events carefully as no refunds will be given.
8. Meet program will be emailed to competitors prior to the carnival and will be available to download via Swimcentral. Programs will not be for sale on the day.
9. Attending clubs will be required to assist with timekeeping duties.
10. Normal pool entry applies.