



Para Swimming 2023 (formerly Multi Class Swimming)

(For Athletes with a Disability)

Training and Information Day

It is not necessary to be a swimming club member to attend this Training and Information Day.

Swimming North Coast (SNC) will be hosting a great opportunity for Swimmers with a Disability to become involved in this great sport. This will include **a training and information day for new swimmers** and **a training day for established classified swimmers** under the guidance of Head Coach Michael Abel.

SNC is pleased to extend a welcome to para swimmers from neighbouring areas.

Training and Information Day:

When: **Sunday 29th October, 2023**

Where: South Grafton Indoor Pool

Time: **9.30am – 3.00pm approx.**

Hosted by SNC and sponsored by SNC and SNSW.

Pool entry, presenters, coaching and lunch for the swimmers will be provided. Any additional expenses are the responsibility of the swimmers and their families.

Para Swimming Pathway



To secure your position in this squad, please complete the registration form to register your attendance for what is sure to be a fantastic day.

Please email your form to: swimmingnorthcoastdev@gmail.com

For enquiries or if you have questions contact: Ann (SNC President) Phone 0476 346 651

or

Phone or email Lyn Connell Club Support Officer, North Coast NSW 0410 014 356,
lyn.connell@nsw.swimming.org.au