

# Swimming North Coast - Girls Multi Class Long Course Overall Records as at Wednesday, 8 November 2023

Gender	Event	Class	Age	Swimmer	Club	Record Time	Date of Swim	Meet	Pool
Girls	50 Free	S6	12 yrs	Kate Wilson	KNGC	<b>52.48</b>	2/05/2011	NSW CCC	SOPAC
Girls	50 Free	S6	13 yrs	Kate Wilson	KNGC	<b>46.52</b>	7/05/2012	NSW All Schools	SOPAC
Girls	50 Free	S6	14 yrs	Kate Wilson	KNGC	<b>42.86</b>	30/04/2013	NSW CCC	SOPAC
Girls	50 Free	S6	15 yrs	Kate Wilson	KNGC	<b>41.32</b>	29/04/2014	NSW CCC Championships	SOPAC
Girls	50 Free	S6	16 yrs	Kate Wilson	KNGC	<b>39.96</b>	18/05/2015	New South Wales All Schools Swimming 2015	SOPAC
Girls	50 Free	S6	17 yrs	Kate Wilson	KNGC	<b>38.41</b>	7/04/2016	2016 Hancock Prospecting Australian Champs	SAALC
Girls	50 Free	S6	18 yrs	Kate Wilson	KNGC	<b>39.70</b>	1/07/2016	Swimming Australia Grand Prix	Brisbane Aquatic Centre
Girls	50 Free	S6	Open	Kate Wilson	KNGC	<b>38.41</b>	7/04/2016	2016 Hancock Prospecting Australian Champs	SAALC
Girls	50 Free	S7	9 yrs	Madelaine Goodridge	LAUR	<b>1:52.44</b>	4/10/2014	Port Macquarie LC Qualifying Meet	Port Macquarie
Girls	50 Free	S7	10 yrs	Madelaine Goodridge	LAUR	<b>1:20.72</b>	10/10/2015	2015 Swimming NSW MC Championships	Sydney Olympic Park Aquatic Centre
Girls	50 Free	S7	11 yrs	Madelaine Goodridge	LAUR	<b>1:06.17</b>	1/10/2016	Port Macquarie Swimming Club LC Meet	Port Macquarie
Girls	50 Free	S7	12 yrs	Madelaine Goodridge	LAUR	<b>59.74</b>	2/03/2017	Lismore Diocesan Secondary Championships	Lismore Memorial Baths
Girls	50 Free	S7	13 yrs	Madelaine Goodridge	LAUR	<b>58.03</b>	20/10/2018	2018 Swimming NSW MC Championships	Sydney Olympic Park Aquatic Centre
Girls	50 Free	S7	14 yrs	Madelaine Goodridge	LAUR	<b>56.37</b>	24/11/2018	2018 SNC Summer LC Championships	Coffs Harbour Memorial
Girls	50 Free	S7	15 yrs	Madelaine Goodridge	LAUR	<b>58.55</b>	1/02/2020	2020 SNC Speedo Heats SOUTH	Manning Aquatic and Lesiure Centre
Girls	50 Free	S7	Open	Jacqueline Freney	RVLY	<b>32.31</b>	16/03/2012	2012 Energy Australia Swimming Championships	SA Aquatic and Leisure Centre
Girls	50 Free	S8	8 yrs	McKinley Arnison	RVLY	<b>1:16.92</b>	9/04/2014	NSW PSSA Championships	SOPAC
Girls	50 Free	S8	9 yrs	McKinley Arnison	RVLY	<b>54.68</b>	25/03/2015	NSW PSSA Championships	SOPAC
Girls	50 Free	S8	10 yrs	McKinley Arnison	RVLY	<b>45.97</b>	6/04/2016	PSSA 2016	Sydney Olympic Park Aquatic Centre
Girls	50 Free	S8	11 yrs	McKinley Arnison	RVLY	<b>39.72</b>	22/04/2017	2017 Australian Age Championships	Brisbane Aquatic Centre
Girls	50 Free	S8	12 yrs	McKinley Arnison	LISM	<b>36.70</b>	27/04/2018	2018 Australian Age Championships	SOPAC
Girls	50 Free	S8	13 yrs	McKinley Arnison	LISM	<b>33.54</b>	21/04/2019	2019 Australian Age Championships	SA Aquatic and Leisure Centre
Girls	50 Free	S8	14 yrs	McKinley Arnison	LISM	<b>34.85</b>	2/11/2019	Alstonville Swimming Club Qualifying Carnival	Alstonville Aquatic Centre
Girls	50 Free	S8	Open	Ella Jones	TRLM	<b>33.05</b>	13/06/2021	2021 Australian Swimming Trials	SAALC
Girls	50 Free	S9	10 yrs	Emily Evans	ALST	<b>54.48</b>	27/11/2021	Lismore Annual Qualifying Carnival	Lismore Memorial Baths
Girls	50 Free	S9	11 yrs	Emily Evans	ALST	<b>50.00</b>	22/01/2023	2023 NSW Country Regionals - Alstonville	Alstonville Aquatic Centre
Girls	50 Free	S9	15 yrs	McKinley Arnison	LISM	<b>32.63</b>	13/05/2021	2021 Sydney Open Meet	SOPAC
Girls	50 Free	S9	16 yrs	McKinley Arnison	ALST	<b>31.49</b>	18/02/2022	2022 NSW Country Championships	SOPAC
Girls	50 Free	S9	17 yrs	McKinley Arnison	ALST	<b>32.09</b>	30/10/2022	Alstonville Qualifying Carnival	Alstonville Aquatic Centre
Girls	50 Free	S9	Open	McKinley Arnison	ALST	<b>31.49</b>	18/02/2022	2022 NSW Country Championships	SOPAC
Girls	50 Free	S10	12 yrs	Paige Dalby	EHSC	<b>39.27</b>	13/03/2023	2023 North Coast CHS Swimming Championship	Alstonville
Girls	50 Free	S10	13 yrs	Paige Leonhardt	PTMQ	<b>32.09</b>	20/04/2014	2014 Australian Age MC Championships	SOPAC
Girls	50 Free	S10	14 yrs	Paige Leonhardt	WGHM	<b>32.17</b>	19/04/2015	2015 GHF Australian Age Championships	SOPAC
Girls	50 Free	S10	15 yrs	Paige Leonhardt	WGHM	<b>31.17</b>	5/12/2015	SNC Summer LC Championships 2015	Coffs Harbour Pool
Girls	50 Free	S10	17 yrs	McKinley Arnison	ALST	<b>31.75</b>	9/04/2023	2023 Australian Age & MC Age Championships	Gold Coast Aquatic Centre
Girls	50 Free	S10	18 yrs	McKinley Arnison	ALST	<b>32.11</b>	23/08/2023	2023 School Sport Australia Swimming	SOPAC

## *Swimming North Coast - Girls Multi Class Long Course Overall Records as at Wednesday, 8 November 2023*

<i>Gender</i>	<i>Event</i>	<i>Class</i>	<i>Age</i>	<i>Swimmer</i>	<i>Club</i>	<i>Record Time</i>	<i>Date of Swim</i>	<i>Meet</i>	<i>Pool</i>
Girls	50 Free	S10	Open	Paige Leonhardt	WGHM	<b>31.17</b>	5/12/2015	SNC Summer LC Championships 2015	Coffs Harbour Pool
Girls	50 Free	S11	15 yrs	Koorie-Rose Reilly	GRFT	<b>1:18.36</b>	6/03/2018	North Coast CHS 2018 Swim Carnival	Murwillumbah
Girls	50 Free	S11	Open	Koorie-Rose Reilly	GRFT	<b>1:18.36</b>	6/03/2018	North Coast CHS 2018 Swim Carnival	Murwillumbah
Girls	50 Free	S14	9 yrs	Sarah McIntosh	LAUR	<b>43.41</b>	28/03/2014	NSW CPS 2014	SOPAC
Girls	50 Free	S14	10 yrs	Sarah McIntosh	LAUR	<b>38.30</b>	20/03/2015	NSW CPS 2015	SOPAC
Girls	50 Free	S14	11 yrs	Sarah McIntosh	LAUR	<b>36.65</b>	25/11/2015	2015 Pacific School Games	Adelaide
Girls	50 Free	S14	12 yrs	Sarah McIntosh	LAUR	<b>33.37</b>	12/05/2017	NSW All Schools Swimming 2017	SOPAC
Girls	50 Free	S14	13 yrs	Sarah McIntosh	LAUR	<b>31.65</b>	27/04/2018	2018 Australian Age Championships	SOPAC
Girls	50 Free	S14	14 yrs	Sarah McIntosh	LAUR	<b>30.60</b>	21/04/2019	2019 Australian Age Championships	SA Aquatic and Leisure Centre
Girls	50 Free	S14	15 yrs	Madeleine McTernan	COFH	<b>30.68</b>	7/04/2016	2016 Hancock Prospecting Australian Champs	SAALC
Girls	50 Free	S14	16 yrs	Claire McIntosh	LAUR	<b>34.50</b>	31/03/2017	2017 NSW CCC Championships	SOPAC
Girls	50 Free	S14	17 yrs	Claire McIntosh	LAUR	<b>33.81</b>	28/01/2018	2018 NSW Country Regionals - Port Macquarie	Port Macquarie
Girls	50 Free	S14	18 yrs	Kimberley Beaton	WGHM	<b>31.57</b>	1/04/2014	2014 Australian Swimming Championships	Brisbane Aquatic Centre
Girls	50 Free	S14	Open	Taylor Corry	TRLM	<b>29.13</b>	24/02/2018	2018 NSW Country Championships	SOPAC
Girls	50 Free	S15	12 yrs	Emily Lines	CSNO	<b>51.14</b>	8/02/2015	Kyogle Invitational Carnival 2015	Kyogle Swimming Centre
Girls	50 Free	S15	13 yrs	Emily Lines	CSNO	<b>56.40</b>	6/03/2016	Casino Development Carnival	Casino Memorial
Girls	50 Free	S15	14 yrs	Emily Lines	CSNO	<b>51.05</b>	10/12/2016	Casino Twilight Carnival	Casino Memorial
Girls	50 Free	S15	17 yrs	Taylor Briley	COFH	<b>35.57</b>	8/04/2018	NSW CHS Swimming Championships 2018	Sydney Aquatic Centre Homebush
Girls	50 Free	S15	Open	Taylor Briley	COFH	<b>35.57</b>	8/04/2018	NSW CHS Swimming Championships 2018	Sydney Aquatic Centre Homebush
Girls	50 Free	S19	13 yrs	Rose-Anna Herden	COFH	<b>34.95</b>	3/05/2023	2023 NSW CHS	Sydney Aquatic Centre Homebush
Girls	50 Free	S19	14 yrs	Rose-Anna Herden	COFH	<b>33.43</b>	30/09/2023	Port Macquarie 2023 LC Qualifying Meet	Port Macquarie Olympic Swimming
Girls	50 Free	S19	15 yrs	Amelia Moore	COFH	<b>29.79</b>	9/04/2023	2023 Australian Age & MC Age Championships	Gold Coast Aquatic Centre
Girls	50 Free	S19	16 yrs	Amelia Moore	COFH	<b>29.88</b>	3/05/2023	2023 NSW CHS	Sydney Aquatic Centre Homebush
Girls	50 Free	S19	17 yrs	Lily-Grace Herden	COFH	<b>33.09</b>	7/10/2023	Macksville Marlins Qualifying Meet	Macksville Aquatic Centre
Girls	50 Free	S19	Open	Amelia Moore	COFH	<b>29.79</b>	9/04/2023	2023 Australian Age & MC Age Championships	Gold Coast Aquatic Centre

# Swimming North Coast - Girls Multi Class Long Course Overall Records as at Wednesday, 8 November 2023

Gender	Event	Class	Age	Swimmer	Club	Record Time	Date of Swim	Meet	Pool
Girls	100 Free	S6	12 yrs	Kate Wilson	KNGC	<b>2:00.88</b>	2/05/2011	NSW CCC	SOPAC
Girls	100 Free	S6	13 yrs	Kate Wilson	KNGC	<b>1:48.53</b>	7/05/2012	NSW All Schools	SOPAC
Girls	100 Free	S6	14 yrs	Kate Wilson	KNGC	<b>1:32.64</b>	30/04/2013	NSW CCC	SOPAC
Girls	100 Free	S6	15 yrs	Kate Wilson	KNGC	<b>1:29.00</b>	21/04/2014	2014 Australian Age MC Championships	SOPAC
Girls	100 Free	S6	16 yrs	Kate Wilson	KNGC	<b>1:28.44</b>	18/05/2015	New South Wales All Schools Swimming 2015	SOPAC
Girls	100 Free	S6	17 yrs	Kate Wilson	KNGC	<b>1:25.63</b>	11/04/2016	2016 Hancock Prospecting Australian Champs	SAALC
Girls	100 Free	S6	18 yrs	Kate Wilson	KNGC	<b>1:27.73</b>	2/07/2016	Swimming Australia Grand Prix	Brisbane Aquatic Centre
Girls	100 Free	S6	Open	Kate Wilson	KNGC	<b>1:25.63</b>	11/04/2016	2016 Hancock Prospecting Australian Champs	SAALC
Girls	100 Free	S7	10 yrs	Madelaine Goodridge	LAUR	<b>3:01.25</b>	10/10/2015	2015 Swimming NSW MC Championships	Sydney Olympic Park Aquatic Centre
Girls	100 Free	S7	11 yrs	Madelaine Goodridge	LAUR	<b>2:28.94</b>	1/10/2016	Port Macquarie Swimming Club LC Meet	Port Macquarie
Girls	100 Free	S7	12 yrs	Madelaine Goodridge	LAUR	<b>2:17.23</b>	18/11/2017	Taree Torpedoes Qualifying Carnival	Manning Aquatic Leisure Centre
Girls	100 Free	S7	13 yrs	Madelaine Goodridge	LAUR	<b>2:11.03</b>	27/01/2018	2018 NSW Country Regionals - Port Macquarie	Port Macquarie
Girls	100 Free	S7	14 yrs	Madelaine Goodridge	LAUR	<b>2:07.36</b>	25/11/2018	2018 SNC Summer LC Championships	Coffs Harbour Memorial
Girls	100 Free	S7	15 yrs	Madelaine Goodridge	LAUR	<b>2:13.89</b>	3/03/2020	North Coast CHS 2020 Swimming Championship	Coffs Harbour
Girls	100 Free	S7	Open	Jacqueline Freney	RVLY	<b>1:08.03</b>	19/03/2012	2012 Energy Australia Swimming Championships	SA Aquatic and Leisure Centre
Girls	100 Free	S8	10 yrs	McKinley Arnison	RVLY	<b>1:48.27</b>	7/04/2016	PSSA 2016	Sydney Olympic Park Aquatic Centre
Girls	100 Free	S8	11 yrs	McKinley Arnison	RVLY	<b>1:29.98</b>	23/04/2017	2017 Australian Age Championships	Brisbane Aquatic Centre
Girls	100 Free	S8	12 yrs	McKinley Arnison	LISM	<b>1:18.45</b>	6/03/2018	North Coast CHS 2018 Swim Carnival	Murwillumbah
Girls	100 Free	S8	13 yrs	McKinley Arnison	LISM	<b>1:13.34</b>	22/04/2019	2019 Australian Age Championships	SA Aquatic and Leisure Centre
Girls	100 Free	S8	14 yrs	McKinley Arnison	LISM	<b>1:13.15</b>	14/02/2020	2020 Victorian Open Championships	MSAC
Girls	100 Free	S8	Open	Jacqueline Freney	RVLY	<b>1:11.24</b>	15/10/2011	2011 Swimmeroo QLD LC Qualifying Meet #1	Brisbane Aquatic Centre
Girls	100 Free	S9	10 yrs	Emily Evans	ALST	<b>2:03.08</b>	4/04/2022	2022 PSSA Championships	Sydney Olympic Park Aquatic Centre
Girls	100 Free	S9	11 yrs	Emily Evans	ALST	<b>2:00.09</b>	5/04/2023	2023 NSW PSSA Swimming Championships	SOPAC
Girls	100 Free	S9	14 yrs	McKinley Arnison	LISM	<b>1:12.76</b>	15/03/2020	2020 NSW State Open Championships	SOPAC
Girls	100 Free	S9	15 yrs	McKinley Arnison	LISM	<b>1:10.10</b>	13/05/2021	2021 Sydney Open Meet	SOPAC
Girls	100 Free	S9	16 yrs	McKinley Arnison	ALST	<b>1:08.27</b>	9/04/2022	2022 Australian MC Championships	SAALC
Girls	100 Free	S9	17 yrs	McKinley Arnison	ALST	<b>1:07.85</b>	12/12/2022	2022-23 NSW Senior State Age Championships	Sydney Olympic Park Aquatic Centre
Girls	100 Free	S9	Open	McKinley Arnison	ALST	<b>1:07.85</b>	12/12/2022	2022-23 NSW Senior State Age Championships	Sydney Olympic Park Aquatic Centre
Girls	100 Free	S10	12 yrs	Paige Dalby	EHSC	<b>1:30.20</b>	13/03/2023	2023 North Coast CHS Swimming Championship	Alstonville
Girls	100 Free	S10	13 yrs	Paige Leonhardt	PTMQ	<b>1:13.95</b>	29/04/2014	NSW CCC Championships	SOPAC
Girls	100 Free	S10	14 yrs	Paige Leonhardt	WGHM	<b>1:12.22</b>	20/04/2015	2015 GHF Australian Age Championships	SOPAC
Girls	100 Free	S10	15 yrs	Paige Leonhardt	WGHM	<b>1:07.93</b>	2/07/2016	Swimming Australia Grand Prix	Brisbane Aquatic Centre
Girls	100 Free	S10	17 yrs	McKinley Arnison	ALST	<b>1:07.33</b>	19/04/2023	2023 Australian Swimming Championships	Gold Coast Aquatic Centre
Girls	100 Free	S10	18 yrs	McKinley Arnison	ALST	<b>1:08.72</b>	24/08/2023	2023 School Sport Australia Swimming	SOPAC
Girls	100 Free	S10	Open	McKinley Arnison	ALST	<b>1:07.33</b>	19/04/2023	2023 Australian Swimming Championships	Gold Coast Aquatic Centre
Girls	100 Free	S11	14 yrs	Koorie-Rose Reilly	GRFT	<b>3:30.04</b>	21/10/2017	2017 Swimming NSW MC Championships	Sydney Olympic Park Aquatic Centre

## *Swimming North Coast - Girls Multi Class Long Course Overall Records as at Wednesday, 8 November 2023*

<i>Gender</i>	<i>Event</i>	<i>Class</i>	<i>Age</i>	<i>Swimmer</i>	<i>Club</i>	<i>Record Time</i>	<i>Date of Swim</i>	<i>Meet</i>	<i>Pool</i>
Girls	100 Free	S11	Open	Koorie-Rose Reilly	GRFT	<b>3:30.04</b>	21/10/2017	2017 Swimming NSW MC Championships	Sydney Olympic Park Aquatic Centre
Girls	100 Free	S14	10 yrs	Sarah McIntosh	LAUR	<b>1:35.10</b>	24/07/2014	School Sport Australia Swimming Championships	Melbourne Sports & Aquatic Centre
Girls	100 Free	S14	11 yrs	Sarah McIntosh	LAUR	<b>1:25.92</b>	14/11/2015	Port Macquarie November Qualifying Meet	Port Macquarie
Girls	100 Free	S14	12 yrs	Sarah McIntosh	LAUR	<b>1:18.63</b>	12/05/2017	NSW All Schools Swimming 2017	SOPAC
Girls	100 Free	S14	13 yrs	Sarah McIntosh	LAUR	<b>1:09.66</b>	28/04/2018	2018 Australian Age Championships	SOPAC
Girls	100 Free	S14	14 yrs	Sarah McIntosh	LAUR	<b>1:07.57</b>	22/04/2019	2019 Australian Age Championships	SA Aquatic and Leisure Centre
Girls	100 Free	S14	15 yrs	Madeleine McTernan	COFH	<b>1:07.72</b>	4/04/2016	2016 Australian Age Championships	SAALC
Girls	100 Free	S14	16 yrs	Claire McIntosh	LAUR	<b>1:22.39</b>	2/03/2017	Lismore Diocesan Secondary Championships	Lismore Memorial Baths
Girls	100 Free	S14	17 yrs	Claire McIntosh	LAUR	<b>1:18.12</b>	6/04/2018	NSW CCC Swimming 2018	SOPAC
Girls	100 Free	S14	18 yrs	Kimberley Beaton	WGHM	<b>1:09.44</b>	2/04/2014	2014 Australian Swimming Championships	Brisbane Aquatic Centre
Girls	100 Free	S14	Open	Taylor Corry	TRLM	<b>1:03.56</b>	4/07/2018	2018 Pan Pacs Trials	SA Aquatic and Leisure Centre
Girls	100 Free	S15	17 yrs	Taylor Briley	COFH	<b>1:18.13</b>	6/03/2018	North Coast CHS 2018 Swim Carnival	Murwillumbah
Girls	100 Free	S15	Open	Taylor Briley	COFH	<b>1:18.13</b>	6/03/2018	North Coast CHS 2018 Swim Carnival	Murwillumbah
Girls	100 Free	S19	13 yrs	Rose-Anna Herden	COFH	<b>1:15.63</b>	7/04/2023	2023 Australian Age & MC Age Championships	Gold Coast Aquatic Centre
Girls	100 Free	S19	14 yrs	Rose-Anna Herden	COFH	<b>1:12.04</b>	1/10/2023	Port Macquarie 2023 LC Qualifying Meet	Port Macquarie Olympic Swimming
Girls	100 Free	S19	15 yrs	Amelia Moore	COFH	<b>1:05.54</b>	7/04/2023	2023 Australian Age & MC Age Championships	Gold Coast Aquatic Centre
Girls	100 Free	S19	16 yrs	Amelia Moore	COFH	<b>1:06.70</b>	3/05/2023	2023 NSW CHS	Sydney Aquatic Centre Homebush
Girls	100 Free	S19	Open	Amelia Moore	COFH	<b>1:05.54</b>	7/04/2023	2023 Australian Age & MC Age Championships	Gold Coast Aquatic Centre

## Swimming North Coast - Girls Multi Class Long Course Overall Records as at Wednesday, 8 November 2023

<i>Gender</i>	<i>Event</i>	<i>Class</i>	<i>Age</i>	<i>Swimmer</i>	<i>Club</i>	<i>Record Time</i>	<i>Date of Swim</i>	<i>Meet</i>	<i>Pool</i>
Girls	200 Free	S6	15 yrs	Kate Wilson	KNGC	<b>3:22.51</b>	16/11/2013	Lismore Annual Qualifying Carnival	Lismore Memorial Baths
Girls	200 Free	S6	16 yrs	Anna Sydenham	COFH	<b>4:08.73</b>	4/10/2013	Port Macquarie Qualifying Meet	Port Macquarie
Girls	200 Free	S6	17 yrs	Kate Wilson	KNGC	<b>3:06.92</b>	26/11/2015	2015 Pacific School Games	Adelaide
Girls	200 Free	S6	Open	Kate Wilson	KNGC	<b>3:06.92</b>	26/11/2015	2015 Pacific School Games	Adelaide
Girls	200 Free	S7	Open	Jacqueline Freney	RVLY	<b>2:26.54</b>	11/01/2013	2013 Victorian Open Championships	MSAC
Girls	200 Free	S8	12 yrs	McKinley Arnison	LISM	<b>2:57.63</b>	18/02/2018	Kyogle Invitational Carnival 2018	Kyogle Swimming Centre
Girls	200 Free	S8	13 yrs	McKinley Arnison	LISM	<b>2:48.19</b>	20/10/2018	2018 Swimming NSW MC Championships	Sydney Olympic Park Aquatic Centre
Girls	200 Free	S8	14 yrs	McKinley Arnison	LISM	<b>2:37.32</b>	14/02/2020	2020 Victorian Open Championships	MSAC
Girls	200 Free	S8	Open	McKinley Arnison	LISM	<b>2:37.32</b>	14/02/2020	2020 Victorian Open Championships	MSAC
Girls	200 Free	S9	15 yrs	McKinley Arnison	LISM	<b>2:29.73</b>	5/04/2021	2021 Australian Age Championships	Gold Coast Aquatic Centre
Girls	200 Free	S9	16 yrs	McKinley Arnison	ALST	<b>2:28.84</b>	11/04/2022	2022 Australian Age Swimming Championships	SAALC
Girls	200 Free	S9	17 yrs	McKinley Arnison	ALST	<b>2:24.26</b>	11/12/2022	2022-23 NSW Senior State Age Championships	Sydney Olympic Park Aquatic Centre
Girls	200 Free	S9	Open	McKinley Arnison	ALST	<b>2:24.26</b>	11/12/2022	2022-23 NSW Senior State Age Championships	Sydney Olympic Park Aquatic Centre
Girls	200 Free	S10	13 yrs	Paige Leonhardt	PTMQ	<b>3:02.85</b>	23/11/2013	Port Macquarie Qualifying Meet	Port Macquarie
Girls	200 Free	S10	14 yrs	Lily Bright-Taylor	MRAY	<b>2:53.57</b>	21/10/2023	Coffs Spring Sprint 2023	Coffs Harbour War Memorial Olympic
Girls	200 Free	S10	17 yrs	McKinley Arnison	ALST	<b>2:24.65</b>	8/04/2023	2023 Australian Age & MC Age Championships	Gold Coast Aquatic Centre
Girls	200 Free	S10	18 yrs	McKinley Arnison	ALST	<b>2:28.28</b>	22/08/2023	2023 School Sport Australia Swimming	SOPAC
Girls	200 Free	S10	Open	McKinley Arnison	ALST	<b>2:24.65</b>	8/04/2023	2023 Australian Age & MC Age Championships	Gold Coast Aquatic Centre
Girls	200 Free	S14	10 & unde	Sarah McIntosh	LAUR	<b>3:41.57</b>	22/07/2014	School Sport Australia Swimming Championships	Melbourne Sports & Aquatic Centre
Girls	200 Free	S14	11 yrs	Sarah McIntosh	LAUR	<b>3:11.96</b>	26/11/2015	2015 Pacific School Games	Adelaide
Girls	200 Free	S14	12 yrs	Jamie Plunkett	GRFT	<b>3:05.90</b>	3/02/2018	Lismore Annual Qualifying Carnival	Lismore Memorial Baths
Girls	200 Free	S14	13 yrs	Sarah McIntosh	LAUR	<b>2:36.79</b>	27/01/2018	2018 NSW Country Regionals - Port Macquarie	Port Macquarie
Girls	200 Free	S14	14 yrs	Madeleine McTernan	COFH	<b>2:30.91</b>	6/12/2015	SNC Summer LC Championships 2015	Coffs Harbour Pool
Girls	200 Free	S14	15 yrs	Madeleine McTernan	COFH	<b>2:28.63</b>	10/09/2016	2016 Bond University Spring Carnival	Bond University Sports Centre
Girls	200 Free	S14	16 yrs	Jamie Plunkett	GRFT	<b>3:15.27</b>	5/04/2021	2021 Australian Age Championships	Gold Coast Aquatic Centre
Girls	200 Free	S14	17 yrs	Kimberly Goshorn	PTMQ	<b>3:12.68</b>	6/03/2018	North Coast CHS 2018 Swim Carnival	Murwillumbah
Girls	200 Free	S14	18 yrs	Claire McIntosh	LAUR	<b>3:07.88</b>	12/01/2019	PMSC LC Qualifying Meet	Port Macquarie
Girls	200 Free	S14	Open	Taylor Corry	TRLM	<b>2:19.70</b>	1/07/2018	2018 Pan Pacs Trials	SA Aquatic and Leisure Centre
Girls	200 Free	S19	13 yrs	Rose-Anna Herden	COFH	<b>2:46.05</b>	8/04/2023	2023 Australian Age & MC Age Championships	Gold Coast Aquatic Centre
Girls	200 Free	S19	14 yrs	Rose-Anna Herden	COFH	<b>2:37.96</b>	1/10/2023	Port Macquarie 2023 LC Qualifying Meet	Port Macquarie Olympic Swimming
Girls	200 Free	S19	15 yrs	Amelia Moore	COFH	<b>2:28.85</b>	11/12/2022	2022-23 NSW Senior State Age Championships	Sydney Olympic Park Aquatic Centre
Girls	200 Free	S19	16 yrs	Sara Bergen	COFH	<b>3:07.04</b>	21/10/2023	Coffs Spring Sprint 2023	Coffs Harbour War Memorial Olympic
Girls	200 Free	S19	Open	Amelia Moore	COFH	<b>2:28.85</b>	11/12/2022	2022-23 NSW Senior State Age Championships	Sydney Olympic Park Aquatic Centre

# Swimming North Coast - Girls Multi Class Long Course Overall Records as at Wednesday, 8 November 2023

Gender	Event	Class	Age	Swimmer	Club	Record Time	Date of Swim	Meet	Pool
Girls	400 Free	S6	14 yrs	Kate Wilson	KNGC	<b>6:53.46</b>	13/04/2013	2013 GHSF Australian MC Age Championships	SA Aquatic and Leisure Centre
Girls	400 Free	S6	15 yrs	Kate Wilson	KNGC	<b>6:37.23</b>	28/02/2014	2014 NSW State Open Championships	SOPAC
Girls	400 Free	S6	16 yrs	Kate Wilson	KNGC	<b>6:34.37</b>	18/04/2015	2015 GHF Australian Age Championships	SOPAC
Girls	400 Free	S6	Open	Kate Wilson	KNGC	<b>6:34.37</b>	18/04/2015	2015 GHF Australian Age Championships	SOPAC
Girls	400 Free	S7	Open	Jacqueline Freney	RVLY	<b>4:59.02</b>	30/08/2012	2012 Paralympic Games	London
Girls	400 Free	S8	13 yrs	McKinley Arnison	LISM	<b>5:48.16</b>	20/04/2019	2019 Australian Age Championships	SA Aquatic and Leisure Centre
Girls	400 Free	S8	14 yrs	McKinley Arnison	LISM	<b>5:26.79</b>	14/02/2020	2020 Victorian Open Championships	MSAC
Girls	400 Free	S8	Open	Jacqueline Freney	RVLY	<b>5:08.81</b>	15/10/2011	2011 Swimmeroo QLD LC Qualifying Meet #1	Brisbane Aquatic Centre
Girls	400 Free	S9	14 yrs	McKinley Arnison	LISM	<b>5:36.81</b>	14/03/2020	2020 NSW State Open Championships	SOPAC
Girls	400 Free	S9	15 yrs	McKinley Arnison	LISM	<b>5:13.66</b>	5/04/2021	2021 Australian Age Championships	Gold Coast Aquatic Centre
Girls	400 Free	S9	16 yrs	McKinley Arnison	ALST	<b>5:07.98</b>	9/04/2022	2022 Australian MC Championships	SAALC
Girls	400 Free	S9	17 yrs	McKinley Arnison	ALST	<b>5:06.32</b>	13/12/2022	2022-23 NSW Senior State Age Championships	Sydney Olympic Park Aquatic Centre
Girls	400 Free	S9	Open	McKinley Arnison	ALST	<b>5:06.32</b>	13/12/2022	2022-23 NSW Senior State Age Championships	Sydney Olympic Park Aquatic Centre
Girls	400 Free	S10	13 yrs	Paige Leonhardt	PTMQ	<b>5:48.71</b>	19/04/2014	2014 Australian Age MC Championships	SOPAC
Girls	400 Free	S10	14 yrs	Paige Leonhardt	WGHM	<b>5:33.89</b>	18/04/2015	2015 GHF Australian Age Championships	SOPAC
Girls	400 Free	S10	15 yrs	Paige Leonhardt	WGHM	<b>5:09.15</b>	1/07/2016	Swimming Australia Grand Prix	Brisbane Aquatic Centre
Girls	400 Free	S10	17 yrs	McKinley Arnison	ALST	<b>5:03.14</b>	17/04/2023	2023 Australian Swimming Championships	Gold Coast Aquatic Centre
Girls	400 Free	S10	18 yrs	McKinley Arnison	ALST	<b>5:17.39</b>	22/10/2023	Alstonville Swimming Club Qualifying Carnival	Alstonville Aquatic Centre
Girls	400 Free	S10	Open	McKinley Arnison	ALST	<b>5:03.14</b>	17/04/2023	2023 Australian Swimming Championships	Gold Coast Aquatic Centre
Girls	400 Free	S14	12 yrs	Paige Leonhardt	PTMQ	<b>6:56.98</b>	15/09/2013	2013 McDonald's Qld Multi Class Championships	Brisbane Aquatic Centre
Girls	400 Free	S14	13 yrs	Sarah McIntosh	LAUR	<b>5:23.03</b>	26/04/2018	2018 Australian Age Championships	SOPAC
Girls	400 Free	S14	14 yrs	Sarah McIntosh	LAUR	<b>5:11.86</b>	20/04/2019	2019 Australian Age Championships	SA Aquatic and Leisure Centre
Girls	400 Free	S14	15 yrs	Madeleine McTernan	COFH	<b>5:12.67</b>	2/04/2016	2016 Australian Age Championships	SAALC
Girls	400 Free	S14	18 yrs	Claire McIntosh	LAUR	<b>6:08.03</b>	20/04/2019	2019 Australian Age Championships	SA Aquatic and Leisure Centre
Girls	400 Free	S14	Open	Taylor Corry	TRLM	<b>5:07.70</b>	29/09/2017	Port Macquarie Qualifying Meet	Port Macquarie
Girls	400 Free	S19	13 yrs	Rose-Anna Herden	COFH	<b>5:53.93</b>	8/04/2023	2023 Australian Age & MC Age Championships	Gold Coast Aquatic Centre
Girls	400 Free	S19	15 yrs	Amelia Moore	COFH	<b>5:24.21</b>	13/01/2023	Coffs Harbour Summer Splash 2023	Coffs Harbour Olympic War Memorial
Girls	400 Free	S19	16 yrs	Sara Bergen	COFH	<b>6:19.23</b>	8/04/2023	2023 Australian Age & MC Age Championships	Gold Coast Aquatic Centre
Girls	400 Free	S19	Open	Amelia Moore	COFH	<b>5:24.21</b>	13/01/2023	Coffs Harbour Summer Splash 2023	Coffs Harbour Olympic War Memorial
Girls	800 Free	S9	17 yrs	McKinley Arnison	ALST	<b>11:02.12</b>	22/01/2023	2023 NSW Country Regionals - Alstonville	Alstonville Aquatic Centre
Girls	800 Free	S9	Open	McKinley Arnison	ALST	<b>11:02.12</b>	22/01/2023	2023 NSW Country Regionals - Alstonville	Alstonville Aquatic Centre
Girls	800 Free	S14	14 yrs	Sarah McIntosh	LAUR	<b>11:03.32</b>	25/11/2018	2018 SNC Summer LC Championships	Coffs Harbour Memorial
Girls	800 Free	S14	Open	Sarah McIntosh	LAUR	<b>11:03.32</b>	25/11/2018	2018 SNC Summer LC Championships	Coffs Harbour Memorial
Girls	800 Free	S19	13 yrs	Rose-Anna Herden	COFH	<b>13:01.87</b>	13/01/2023	Coffs Harbour Summer Splash 2023	Coffs Harbour Olympic War Memorial
Girls	800 Free	S19	Open	Rose-Anna Herden	COFH	<b>13:01.87</b>	13/01/2023	Coffs Harbour Summer Splash 2023	Coffs Harbour Olympic War Memorial

## Swimming North Coast - Girls Multi Class Long Course Overall Records as at Wednesday, 8 November 2023

<i>Gender</i>	<i>Event</i>	<i>Class</i>	<i>Age</i>	<i>Swimmer</i>	<i>Club</i>	<i>Record Time</i>	<i>Date of Swim</i>	<i>Meet</i>	<i>Pool</i>
Girls	1500 Free	S14	14 yrs	Sarah McIntosh	LAUR	<b>21:20.66</b>	24/11/2018	2018 SNC Summer LC Championships	Coffs Harbour Memorial
Girls	1500 Free	S14	Open	Sarah McIntosh	LAUR	<b>21:20.66</b>	24/11/2018	2018 SNC Summer LC Championships	Coffs Harbour Memorial

# Swimming North Coast - Girls Multi Class Long Course Overall Records as at Wednesday, 8 November 2023

Gender	Event	Class	Age	Swimmer	Club	Record Time	Date of Swim	Meet	Pool
Girls	50 Back	S6	12 yrs	Kate Wilson	KNGC	<b>1:01.46</b>	9/05/2011	NSW All Schools	SOPAC
Girls	50 Back	S6	13 yrs	Kate Wilson	KNGC	<b>59.90</b>	7/05/2012	NSW All Schools	SOPAC
Girls	50 Back	S6	14 yrs	Kate Wilson	KNGC	<b>54.08</b>	15/04/2013	2013 GHSF Australian MC Age Championships	SA Aquatic and Leisure Centre
Girls	50 Back	S6	15 yrs	Kate Wilson	KNGC	<b>55.07</b>	5/05/2014	NSW All Schools Swimming 2014	SOPAC
Girls	50 Back	S6	16 yrs	Kate Wilson	KNGC	<b>53.04</b>	18/05/2015	New South Wales All Schools Swimming 2015	SOPAC
Girls	50 Back	S6	17 yrs	Kate Wilson	KNGC	<b>51.04</b>	26/11/2015	2015 Pacific School Games	Adelaide
Girls	50 Back	S6	Open	Kate Wilson	KNGC	<b>51.04</b>	26/11/2015	2015 Pacific School Games	Adelaide
Girls	50 Back	S7	9 yrs	Madelaine Goodridge	LAUR	<b>2:05.88</b>	4/10/2014	Port Macquarie LC Qualifying Meet	Port Macquarie
Girls	50 Back	S7	10 yrs	Madelaine Goodridge	LAUR	<b>1:36.26</b>	10/10/2015	2015 Swimming NSW MC Championships	Sydney Olympic Park Aquatic Centre
Girls	50 Back	S7	11 yrs	Madelaine Goodridge	LAUR	<b>1:16.19</b>	7/04/2016	PSSA 2016	Sydney Olympic Park Aquatic Centre
Girls	50 Back	S7	12 yrs	Madelaine Goodridge	LAUR	<b>1:05.27</b>	23/04/2017	2017 Australian Age Championships	Brisbane Aquatic Centre
Girls	50 Back	S7	13 yrs	Madelaine Goodridge	LAUR	<b>1:05.52</b>	28/01/2018	2018 NSW Country Regionals - Port Macquarie	Port Macquarie
Girls	50 Back	S7	14 yrs	Madelaine Goodridge	LAUR	<b>1:04.57</b>	25/11/2018	2018 SNC Summer LC Championships	Coffs Harbour Memorial
Girls	50 Back	S7	15 yrs	Madelaine Goodridge	LAUR	<b>1:05.28</b>	24/10/2020	Sheridan Legal Qualifying Meet	Kempsey McElhone Memorial Swimmi
Girls	50 Back	S7	17 yrs	Madelaine Goodridge	LAUR	<b>1:11.24</b>	12/12/2021	SNC Division 1 Championships	Coffs Harbour War Memorial
Girls	50 Back	S7	Open	Jacqueline Freney	RVLY	<b>40.79</b>	11/01/2013	2013 Victorian Open Championships	MSAC
Girls	50 Back	S8	8 yrs	McKinley Arnison	RVLY	<b>1:24.84</b>	10/04/2014	NSW PSSA Championships	SOPAC
Girls	50 Back	S8	9 yrs	McKinley Arnison	RVLY	<b>1:04.38</b>	25/03/2015	NSW PSSA Championships	SOPAC
Girls	50 Back	S8	10 yrs	McKinley Arnison	RVLY	<b>56.36</b>	7/04/2016	PSSA 2016	Sydney Olympic Park Aquatic Centre
Girls	50 Back	S8	11 yrs	McKinley Arnison	RVLY	<b>50.65</b>	23/04/2017	2017 Australian Age Championships	Brisbane Aquatic Centre
Girls	50 Back	S8	12 yrs	McKinley Arnison	LISM	<b>44.33</b>	8/04/2018	NSW CHS Swimming Championships 2018	Sydney Aquatic Centre Homebush
Girls	50 Back	S8	13 yrs	McKinley Arnison	LISM	<b>43.98</b>	22/04/2019	2019 Australian Age Championships	SA Aquatic and Leisure Centre
Girls	50 Back	S8	14 yrs	McKinley Arnison	LISM	<b>46.17</b>	14/02/2020	2020 Victorian Open Championships	MSAC
Girls	50 Back	S8	Open	McKinley Arnison	LISM	<b>43.98</b>	22/04/2019	2019 Australian Age Championships	SA Aquatic and Leisure Centre
Girls	50 Back	S9	10 yrs	Emily Evans	ALST	<b>1:03.17</b>	4/04/2022	2022 PSSA Championships	Sydney Olympic Park Aquatic Centre
Girls	50 Back	S9	11 yrs	Emily Evans	ALST	<b>1:00.17</b>	22/01/2023	2023 NSW Country Regionals - Alstonville	Alstonville Aquatic Centre
Girls	50 Back	S9	15 yrs	McKinley Arnison	LISM	<b>42.37</b>	28/04/2021	2021 NSW CHS	Sydney Aquatic Centre Homebush
Girls	50 Back	S9	16 yrs	McKinley Arnison	ALST	<b>43.08</b>	30/03/2022	2022 NSW CHS	SOPAC
Girls	50 Back	S9	17 yrs	McKinley Arnison	ALST	<b>44.41</b>	27/11/2022	SNC Division 1 Championships	Port Macquarie Swim Centre
Girls	50 Back	S9	Open	McKinley Arnison	LISM	<b>42.37</b>	28/04/2021	2021 NSW CHS	Sydney Aquatic Centre Homebush
Girls	50 Back	S10	12 yrs	Paige Dalby	EHSC	<b>52.20</b>	13/03/2023	2023 North Coast CHS Swimming Championship	Alstonville
Girls	50 Back	S10	13 yrs	Paige Leonhardt	PTMQ	<b>38.43</b>	3/04/2014	2014 Australian Swimming Championships	Brisbane Aquatic Centre
Girls	50 Back	S10	13 yrs	Paige Leonhardt	PTMQ	<b>38.43</b>	21/04/2014	2014 Australian Age MC Championships	SOPAC
Girls	50 Back	S10	14 yrs	Paige Leonhardt	WGHM	<b>39.00</b>	22/02/2015	2015 NSW Country Championships	SOPAC
Girls	50 Back	S10	15 yrs	Paige Leonhardt	WGHM	<b>37.46</b>	6/12/2015	SNC Summer LC Championships 2015	Coffs Harbour Pool
Girls	50 Back	S10	17 yrs	McKinley Arnison	ALST	<b>43.75</b>	4/05/2023	2023 NSW CHS	Sydney Aquatic Centre Homebush



## *Swimming North Coast - Girls Multi Class Long Course Overall Records as at Wednesday, 8 November 2023*

<i>Gender</i>	<i>Event</i>	<i>Class</i>	<i>Age</i>	<i>Swimmer</i>	<i>Club</i>	<i>Record Time</i>	<i>Date of Swim</i>	<i>Meet</i>	<i>Pool</i>
Girls	50 Back	S10	18 yrs	McKinley Arnison	ALST	<b>45.20</b>	2/06/2023	2023 NSW All Schools	SOPAC
Girls	50 Back	S10	Open	Kimberley Beaton	WGHM	<b>35.73</b>	3/04/2015	2015 Australian Swimming Championships	SOPAC, Sydney
Girls	50 Back	S11	14 yrs	Koorie-Rose Reilly	GRFT	<b>1:25.43</b>	21/10/2017	2017 Swimming NSW MC Championships	Sydney Olympic Park Aquatic Centre
Girls	50 Back	S11	15 yrs	Koorie-Rose Reilly	GRFT	<b>1:25.22</b>	6/03/2018	North Coast CHS 2018 Swim Carnival	Murwillumbah
Girls	50 Back	S11	Open	Koorie-Rose Reilly	GRFT	<b>1:25.22</b>	6/03/2018	North Coast CHS 2018 Swim Carnival	Murwillumbah
Girls	50 Back	S14	9 yrs	Sarah McIntosh	LAUR	<b>53.91</b>	10/04/2014	NSW PSSA Championships	SOPAC
Girls	50 Back	S14	10 yrs	Sarah McIntosh	LAUR	<b>49.61</b>	20/03/2015	NSW CPS 2015	SOPAC
Girls	50 Back	S14	11 yrs	Sarah McIntosh	LAUR	<b>44.97</b>	7/04/2016	PSSA 2016	Sydney Olympic Park Aquatic Centre
Girls	50 Back	S14	12 yrs	Sarah McIntosh	LAUR	<b>42.46</b>	12/05/2017	NSW All Schools Swimming 2017	SOPAC
Girls	50 Back	S14	13 yrs	Sarah McIntosh	LAUR	<b>39.33</b>	24/02/2018	2018 NSW Country Championships	SOPAC
Girls	50 Back	S14	14 yrs	Madeleine McTernan	COFH	<b>36.59</b>	6/12/2015	SNC Summer LC Championships 2015	Coffs Harbour Pool
Girls	50 Back	S14	15 yrs	Madeleine McTernan	COFH	<b>34.07</b>	12/04/2016	2016 Hancock Prospecting Australian Champs	SAALC
Girls	50 Back	S14	16 yrs	Claire McIntosh	LAUR	<b>42.04</b>	27/11/2016	2016 SNC Summer LC Champs	Coffs Harbour Memorial
Girls	50 Back	S14	17 yrs	Claire McIntosh	LAUR	<b>40.09</b>	6/04/2018	NSW CCC Swimming 2018	SOPAC
Girls	50 Back	S14	18 yrs	Kimberley Beaton	WGHM	<b>36.92</b>	3/04/2014	2014 Australian Swimming Championships	Brisbane Aquatic Centre
Girls	50 Back	S14	Open	Taylor Corry	TRLM	<b>31.95</b>	3/07/2018	2018 Pan Pacs Trials	SA Aquatic and Leisure Centre
Girls	50 Back	S15	12 yrs	Emily Lines	CSNO	<b>1:05.22</b>	8/02/2015	Kyogle Invitational Carnival 2015	Kyogle Swimming Centre
Girls	50 Back	S15	13 yrs	Emily Lines	CSNO	<b>1:00.04</b>	6/03/2016	Casino Development Carnival	Casino Memorial
Girls	50 Back	S15	14 yrs	Emily Lines	CSNO	<b>1:00.46</b>	10/12/2016	Casino Twilight Carnival	Casino Memorial
Girls	50 Back	S15	17 yrs	Taylor Briley	COFH	<b>42.39</b>	8/04/2018	NSW CHS Swimming Championships 2018	Sydney Aquatic Centre Homebush
Girls	50 Back	S15	Open	Taylor Briley	COFH	<b>42.39</b>	8/04/2018	NSW CHS Swimming Championships 2018	Sydney Aquatic Centre Homebush
Girls	50 Back	S19	13 yrs	Rose-Anna Herden	COFH	<b>41.05</b>	4/05/2023	2023 NSW CHS	Sydney Aquatic Centre Homebush
Girls	50 Back	S19	14 yrs	Rose-Anna Herden	COFH	<b>41.20</b>	7/10/2023	Macksville Marlins Qualifying Meet	Macksville Aquatic Centre
Girls	50 Back	S19	15 yrs	Amelia Moore	COFH	<b>37.01</b>	22/01/2023	2023 NSW Country Regionals - Alstonville	Alstonville Aquatic Centre
Girls	50 Back	S19	16 yrs	Amelia Moore	COFH	<b>37.36</b>	4/05/2023	2023 NSW CHS	Sydney Aquatic Centre Homebush
Girls	50 Back	S19	17 yrs	Lily-Grace Herden	COFH	<b>39.12</b>	21/10/2023	Coffs Spring Sprint 2023	Coffs Harbour War Memorial Olympic
Girls	50 Back	S19	Open	Amelia Moore	COFH	<b>37.01</b>	22/01/2023	2023 NSW Country Regionals - Alstonville	Alstonville Aquatic Centre

# Swimming North Coast - Girls Multi Class Long Course Overall Records as at Wednesday, 8 November 2023

Gender	Event	Class	Age	Swimmer	Club	Record Time	Date of Swim	Meet	Pool
Girls	100 Back	S6	14 yrs	Kate Wilson	KNGC	<b>1:56.06</b>	14/04/2013	2013 GHSF Australian MC Age Championships	SA Aquatic and Leisure Centre
Girls	100 Back	S6	16 yrs	Anna Sydenham	COFH	<b>2:10.80</b>	26/10/2013	2013 Swimming NSW MC Championships	SOPAC
Girls	100 Back	S6	17 yrs	Anna Sydenham	COFH	<b>2:13.77</b>	4/01/2014	2014 NSW Country Regional Meet - Inverell	Inverell
Girls	100 Back	S6	Open	Kate Wilson	KNGC	<b>1:56.06</b>	14/04/2013	2013 GHSF Australian MC Age Championships	SA Aquatic and Leisure Centre
Girls	100 Back	S7	12 yrs	Madelaine Goodridge	LAUR	<b>2:32.95</b>	18/11/2017	Taree Torpedoes Qualifying Carnival	Manning Aquatic Leisure Centre
Girls	100 Back	S7	13 yrs	Madelaine Goodridge	LAUR	<b>2:22.53</b>	20/10/2018	2018 Swimming NSW MC Championships	Sydney Olympic Park Aquatic Centre
Girls	100 Back	S7	14 yrs	Madelaine Goodridge	LAUR	<b>2:18.71</b>	2/02/2019	2019 SNC Speedo Heats and Qualifying Meet - S	Kempsey McElhone Swimming Comple
Girls	100 Back	S7	15 yrs	Madelaine Goodridge	LAUR	<b>2:21.55</b>	1/02/2020	2020 SNC Speedo Heats SOUTH	Manning Aquatic and Lesiure Centre
Girls	100 Back	S7	Open	Jacqueline Freney	RVLY	<b>1:22.84</b>	30/08/2012	2012 Paralympic Games	London
Girls	100 Back	S8	12 yrs	McKinley Arnison	LISM	<b>1:40.49</b>	27/04/2018	2018 Australian Age Championships	SOPAC
Girls	100 Back	S8	13 yrs	McKinley Arnison	LISM	<b>1:35.78</b>	21/04/2019	2019 Australian Age Championships	SA Aquatic and Leisure Centre
Girls	100 Back	S8	14 yrs	McKinley Arnison	LISM	<b>1:35.16</b>	14/02/2020	2020 Victorian Open Championships	MSAC
Girls	100 Back	S8	Open	Ella Jones	TRLM	<b>1:28.94</b>	31/07/2022	2022 Commonwealth Games Birmingham	Sandwell Aquatics Centre
Girls	100 Back	S9	14 yrs	McKinley Arnison	LISM	<b>1:34.94</b>	14/03/2020	2020 NSW State Open Championships	SOPAC
Girls	100 Back	S9	15 yrs	McKinley Arnison	LISM	<b>1:30.05</b>	28/04/2021	2021 NSW CHS	Sydney Aquatic Centre Homebush
Girls	100 Back	S9	16 yrs	McKinley Arnison	ALST	<b>1:30.65</b>	30/03/2022	2022 NSW CHS	SOPAC
Girls	100 Back	S9	Open	McKinley Arnison	LISM	<b>1:30.05</b>	28/04/2021	2021 NSW CHS	Sydney Aquatic Centre Homebush
Girls	100 Back	S10	13 yrs	Paige Leonhardt	PTMQ	<b>1:23.41</b>	20/04/2014	2014 Australian Age MC Championships	SOPAC
Girls	100 Back	S10	14 yrs	Paige Leonhardt	WGHM	<b>1:24.02</b>	19/04/2015	2015 GHF Australian Age Championships	SOPAC
Girls	100 Back	S10	15 yrs	Paige Leonhardt	WGHM	<b>1:17.90</b>	2/07/2016	Swimming Australia Grand Prix	Brisbane Aquatic Centre
Girls	100 Back	S10	Open	Paige Leonhardt	WGHM	<b>1:17.90</b>	2/07/2016	Swimming Australia Grand Prix	Brisbane Aquatic Centre
Girls	100 Back	S14	10 yrs	Sarah McIntosh	LAUR	<b>2:01.69</b>	23/07/2014	School Sport Australia Swimming Championships	Melbourne Sports & Aquatic Centre
Girls	100 Back	S14	11 yrs	Paige Leonhardt	PTMQ	<b>1:52.98</b>	28/07/2012	NSW Multi Class Meet No 3	Blacktown
Girls	100 Back	S14	12 yrs	Paige Leonhardt	PTMQ	<b>1:34.65</b>	14/04/2013	2013 GHSF Australian MC Age Championships	SA Aquatic and Leisure Centre
Girls	100 Back	S14	13 yrs	Madeleine McTernan	COFH	<b>1:28.67</b>	6/12/2014	SNC Summer LC Championships 2014	Coffs Harbour
Girls	100 Back	S14	14 yrs	Madeleine McTernan	COFH	<b>1:16.70</b>	18/12/2015	2015 McDonalds Queensland Championships	Brisbane Aquatic Centre
Girls	100 Back	S14	15 yrs	Madeleine McTernan	COFH	<b>1:15.15</b>	3/04/2016	2016 Australian Age Championships	SAALC
Girls	100 Back	S14	16 yrs	Kimberley Beaton	TARE	<b>1:31.83</b>	1/05/2013	NSW CIS Secondary Championships	SOPAC
Girls	100 Back	S14	17 yrs	Claire McIntosh	LAUR	<b>1:39.39</b>	27/01/2018	2018 NSW Country Regionals - Port Macquarie	Port Macquarie
Girls	100 Back	S14	18 yrs	Kimberley Beaton	WGHM	<b>1:20.91</b>	4/04/2014	2014 Australian Swimming Championships	Brisbane Aquatic Centre
Girls	100 Back	S14	Open	Taylor Corry	TRLM	<b>1:11.05</b>	12/08/2018	Pan Pacific Para Swimming Champinships	Cairns
Girls	100 Back	S15	17 yrs	Taylor Briley	COFH	<b>1:38.21</b>	8/04/2018	NSW CHS Swimming Championships 2018	Sydney Aquatic Centre Homebush
Girls	100 Back	S15	Open	Taylor Briley	COFH	<b>1:38.21</b>	8/04/2018	NSW CHS Swimming Championships 2018	Sydney Aquatic Centre Homebush
Girls	100 Back	S19	13 yrs	Rose-Anna Herden	COFH	<b>1:27.93</b>	4/05/2023	2023 NSW CHS	Sydney Aquatic Centre Homebush
Girls	100 Back	S19	15 yrs	Amelia Moore	COFH	<b>1:22.57</b>	7/04/2023	2023 Australian Age & MC Age Championships	Gold Coast Aquatic Centre
Girls	100 Back	S19	16 yrs	Amelia Moore	COFH	<b>1:24.37</b>	4/05/2023	2023 NSW CHS	Sydney Aquatic Centre Homebush

## *Swimming North Coast - Girls Multi Class Long Course Overall Records as at Wednesday, 8 November 2023*

<i>Gender</i>	<i>Event</i>	<i>Class</i>	<i>Age</i>	<i>Swimmer</i>	<i>Club</i>	<i>Record Time</i>	<i>Date of Swim</i>	<i>Meet</i>	<i>Pool</i>
Girls	100 Back	S19	Open	Amelia Moore	COFH	<b>1:22.57</b>	7/04/2023	2023 Australian Age & MC Age Championships	Gold Coast Aquatic Centre
Girls	200 Back	S10	Open	Kimberley Beaton	WGHM	<b>2:56.14</b>	29/11/2014	2014 Swimming NSW MC Championships	Sydney Olympic Park Aquatic Centre
Girls	200 Back	S14	14 yrs	Madeleine McTernan	COFH	<b>2:53.29</b>	5/12/2015	SNC Summer LC Championships 2015	Coffs Harbour Pool
Girls	200 Back	S14	15 yrs	Madeleine McTernan	COFH	<b>2:51.16</b>	10/09/2016	2016 Bond University Spring Carnival	Bond University Sports Centre
Girls	200 Back	S14	Open	Madeleine McTernan	COFH	<b>2:51.16</b>	10/09/2016	2016 Bond University Spring Carnival	Bond University Sports Centre
Girls	200 Back	S19	15 yrs	Sara Bergen	COFH	<b>3:26.42</b>	13/01/2023	Coffs Harbour Summer Splash 2023	Coffs Harbour Olympic War Memorial
Girls	200 Back	S19	Open	Sara Bergen	COFH	<b>3:26.42</b>	13/01/2023	Coffs Harbour Summer Splash 2023	Coffs Harbour Olympic War Memorial

# Swimming North Coast - Girls Multi Class Long Course Overall Records as at Wednesday, 8 November 2023

Gender	Event	Class	Age	Swimmer	Club	Record Time	Date of Swim	Meet	Pool
Girls	50 Breast	SB6	12 yrs	Kate Wilson	KNGC	<b>55.09</b>	9/05/2011	NSW All Schools	SOPAC
Girls	50 Breast	SB6	13 yrs	Kate Wilson	KNGC	<b>53.69</b>	30/03/2012	NSW CCC	SOPAC
Girls	50 Breast	SB6	14 yrs	Kate Wilson	KNGC	<b>50.00</b>	3/05/2013	2013 Energy Australia Swimming Championship	SA Aquatic and Leisure Centre
Girls	50 Breast	SB6	15 yrs	Kate Wilson	KNGC	<b>51.13</b>	6/04/2014	2014 Australian Swimming Championships	Brisbane Aquatic Centre
Girls	50 Breast	SB6	16 yrs	Kate Wilson	KNGC	<b>49.87</b>	20/04/2015	2015 GHF Australian Age Championships	SOPAC
Girls	50 Breast	SB6	17 yrs	Kate Wilson	KNGC	<b>49.62</b>	9/04/2016	2016 Hancock Prospecting Australian Champs	SAALC
Girls	50 Breast	SB6	Open	Kate Wilson	KNGC	<b>49.62</b>	9/04/2016	2016 Hancock Prospecting Australian Champs	SAALC
Girls	50 Breast	SB7	9 yrs	Madelaine Goodridge	LAUR	<b>1:54.04</b>	4/10/2014	Port Macquarie LC Qualifying Meet	Port Macquarie
Girls	50 Breast	SB7	10 yrs	Madelaine Goodridge	LAUR	<b>1:27.83</b>	2/10/2015	Port Macquarie SC Qualifying LC Meet	Port Macquarie Swim Club
Girls	50 Breast	SB7	11 yrs	Madelaine Goodridge	LAUR	<b>1:14.17</b>	6/04/2016	PSSA 2016	Sydney Olympic Park Aquatic Centre
Girls	50 Breast	SB7	12 yrs	Madelaine Goodridge	LAUR	<b>1:10.93</b>	18/11/2017	Taree Torpedoes Qualifying Carnival	Manning Aquatic Leisure Centre
Girls	50 Breast	SB7	13 yrs	McKinley Arnison	LISM	<b>52.02</b>	21/04/2019	2019 Australian Age Championships	SA Aquatic and Leisure Centre
Girls	50 Breast	SB7	14 yrs	McKinley Arnison	LISM	<b>51.72</b>	14/02/2020	2020 Victorian Open Championships	MSAC
Girls	50 Breast	SB7	15 yrs	Madelaine Goodridge	LAUR	<b>1:09.69</b>	24/10/2020	Sheridan Legal Qualifying Meet	Kempsey McElhone Memorial Swimmi
Girls	50 Breast	SB7	17 yrs	Madelaine Goodridge	LAUR	<b>1:09.45</b>	12/12/2021	SNC Division 1 Championships	Coffs Harbour War Memorial
Girls	50 Breast	SB7	Open	McKinley Arnison	LISM	<b>51.72</b>	14/02/2020	2020 Victorian Open Championships	MSAC
Girls	50 Breast	SB8	10 yrs	McKinley Arnison	RVLY	<b>1:06.85</b>	6/04/2016	PSSA 2016	Sydney Olympic Park Aquatic Centre
Girls	50 Breast	SB8	11 yrs	McKinley Arnison	RVLY	<b>56.55</b>	4/02/2017	2017 SNC Qualifying Meet - Twin	Oasis Pool, Club Banora
Girls	50 Breast	SB8	12 yrs	McKinley Arnison	LISM	<b>54.01</b>	8/04/2018	NSW CHS Swimming Championships 2018	Sydney Aquatic Centre Homebush
Girls	50 Breast	SB8	15 yrs	McKinley Arnison	LISM	<b>49.41</b>	28/04/2021	2021 NSW CHS	Sydney Aquatic Centre Homebush
Girls	50 Breast	SB8	Open	McKinley Arnison	LISM	<b>49.41</b>	28/04/2021	2021 NSW CHS	Sydney Aquatic Centre Homebush
Girls	50 Breast	SB9	9 yrs	Emily Evans	ALST	<b>2:43.16</b>	16/05/2021	2021 Twin Towns Waterdragons Winter LC	Oasis Pool, Club Banora
Girls	50 Breast	SB9	10 yrs	Emily Evans	ALST	<b>1:20.06</b>	27/11/2021	Lismore Annual Qualifying Carnival	Lismore Memorial Baths
Girls	50 Breast	SB9	11 yrs	Emily Evans	ALST	<b>1:15.49</b>	5/04/2023	2023 NSW PSSA Swimming Championships	SOPAC
Girls	50 Breast	SB9	12 yrs	Paige Dalby	EHSC	<b>1:06.66</b>	5/11/2022	Lismore & Twin Towns Qualifying Carnival	Mullumbimby Pool
Girls	50 Breast	SB9	13 yrs	Paige Leonhardt	PTMQ	<b>39.03</b>	6/04/2014	2014 Australian Swimming Championships	Brisbane Aquatic Centre
Girls	50 Breast	SB9	14 yrs	Paige Leonhardt	WGHM	<b>39.70</b>	19/04/2015	2015 GHF Australian Age Championships	SOPAC
Girls	50 Breast	SB9	15 yrs	Paige Leonhardt	WGHM	<b>37.14</b>	4/04/2016	2016 Australian Age Championships	SAALC
Girls	50 Breast	SB9	16 yrs	Maddyson Lloyd	LISM	<b>40.09</b>	7/12/2017	2017 Pacific School Games	SAALC
Girls	50 Breast	SB9	17 yrs	Maddyson Lloyd	LISM	<b>40.23</b>	27/04/2018	2018 Australian Age Championships	SOPAC
Girls	50 Breast	SB9	Open	Paige Leonhardt	WGHM	<b>37.14</b>	4/04/2016	2016 Australian Age Championships	SAALC
Girls	50 Breast	SB11	14 yrs	Koorie-Rose Reilly	GRFT	<b>1:51.22</b>	21/10/2017	2017 Swimming NSW MC Championships	Sydney Olympic Park Aquatic Centre
Girls	50 Breast	SB11	Open	Koorie-Rose Reilly	GRFT	<b>1:51.22</b>	21/10/2017	2017 Swimming NSW MC Championships	Sydney Olympic Park Aquatic Centre
Girls	50 Breast	SB14	9 yrs	Sarah McIntosh	LAUR	<b>1:00.55</b>	9/04/2014	NSW PSSA Championships	SOPAC
Girls	50 Breast	SB14	10 yrs	Sarah McIntosh	LAUR	<b>54.16</b>	18/05/2015	New South Wales All Schools Swimming 2015	SOPAC
Girls	50 Breast	SB14	11 yrs	Sarah McIntosh	LAUR	<b>50.75</b>	23/11/2015	2015 Pacific School Games	Adelaide

## *Swimming North Coast - Girls Multi Class Long Course Overall Records as at Wednesday, 8 November 2023*

<i>Gender</i>	<i>Event</i>	<i>Class</i>	<i>Age</i>	<i>Swimmer</i>	<i>Club</i>	<i>Record Time</i>	<i>Date of Swim</i>	<i>Meet</i>	<i>Pool</i>
Girls	50 Breast	SB14	12 yrs	Paige Leonhardt	PTMQ	<b>43.32</b>	15/09/2013	2013 McDonald's Qld Multi Class Championships	Brisbane Aquatic Centre
Girls	50 Breast	SB14	13 yrs	Talea Fernance	WGFM	<b>45.06</b>	29/11/2014	2014 Swimming NSW MC Championships	Sydney Olympic Park Aquatic Centre
Girls	50 Breast	SB14	14 yrs	Sarah McIntosh	LAUR	<b>40.48</b>	21/04/2019	2019 Australian Age Championships	SA Aquatic and Leisure Centre
Girls	50 Breast	SB14	15 yrs	Madeleine McTernan	COFH	<b>47.20</b>	4/04/2016	2016 Australian Age Championships	SAALC
Girls	50 Breast	SB14	16 yrs	Jamie Plunkett	GRFT	<b>49.74</b>	28/04/2021	2021 NSW CHS	Sydney Aquatic Centre Homebush
Girls	50 Breast	SB14	17 yrs	Claire McIntosh	LAUR	<b>45.52</b>	6/04/2018	NSW CCC Swimming 2018	SOPAC
Girls	50 Breast	SB14	18 yrs	Claire McIntosh	LAUR	<b>45.08</b>	27/04/2018	2018 Australian Age Championships	SOPAC
Girls	50 Breast	SB14	Open	Sarah McIntosh	LAUR	<b>40.48</b>	21/04/2019	2019 Australian Age Championships	SA Aquatic and Leisure Centre
Girls	50 Breast	SB15	12 yrs	Emily Lines	CSNO	<b>1:20.99</b>	8/03/2015	Casino Development Carnival	Casino Memorial
Girls	50 Breast	SB15	13 yrs	Emily Lines	CSNO	<b>1:17.28</b>	6/03/2016	Casino Development Carnival	Casino Memorial
Girls	50 Breast	SB15	14 yrs	Emily Lines	CSNO	<b>1:09.23</b>	5/03/2017	Casino Development Carnival	Casino Memorial
Girls	50 Breast	SB15	17 yrs	Taylor Briley	COFH	<b>47.33</b>	8/04/2018	NSW CHS Swimming Championships 2018	Sydney Aquatic Centre Homebush
Girls	50 Breast	SB15	Open	Taylor Briley	COFH	<b>47.33</b>	8/04/2018	NSW CHS Swimming Championships 2018	Sydney Aquatic Centre Homebush
Girls	50 Breast	SB19	13 yrs	Rose-Anna Herden	COFH	<b>44.91</b>	3/05/2023	2023 NSW CHS	Sydney Aquatic Centre Homebush
Girls	50 Breast	SB19	14 yrs	Rose-Anna Herden	COFH	<b>45.73</b>	21/10/2023	Coffs Spring Sprint 2023	Coffs Harbour War Memorial Olympic
Girls	50 Breast	SB19	15 yrs	Amelia Moore	COFH	<b>40.64</b>	7/04/2023	2023 Australian Age & MC Age Championships	Gold Coast Aquatic Centre
Girls	50 Breast	SB19	16 yrs	Amelia Moore	COFH	<b>40.21</b>	3/05/2023	2023 NSW CHS	Sydney Aquatic Centre Homebush
Girls	50 Breast	SB19	17 yrs	Lily-Grace Herden	COFH	<b>51.55</b>	21/10/2023	Coffs Spring Sprint 2023	Coffs Harbour War Memorial Olympic
Girls	50 Breast	SB19	Open	Amelia Moore	COFH	<b>40.21</b>	3/05/2023	2023 NSW CHS	Sydney Aquatic Centre Homebush

# Swimming North Coast - Girls Multi Class Long Course Overall Records as at Wednesday, 8 November 2023

Gender	Event	Class	Age	Swimmer	Club	Record Time	Date of Swim	Meet	Pool
Girls	100 Breast	SB6	13 yrs	Kate Wilson	KNGC	<b>2:04.74</b>	18/09/2011	2011 QLD Multi Class Championships	Brisbane Aquatic Centre
Girls	100 Breast	SB6	14 yrs	Kate Wilson	KNGC	<b>1:55.17</b>	15/04/2013	2013 GHSF Australian MC Age Championships	SA Aquatic and Leisure Centre
Girls	100 Breast	SB6	15 yrs	Kate Wilson	KNGC	<b>1:52.30</b>	1/04/2014	2014 Australian Swimming Championships	Brisbane Aquatic Centre
Girls	100 Breast	SB6	16 yrs	Kate Wilson	KNGC	<b>1:50.60</b>	19/04/2015	2015 GHF Australian Age Championships	SOPAC
Girls	100 Breast	SB6	17 yrs	Kate Wilson	KNGC	<b>1:47.55</b>	13/04/2016	2016 Hancock Prospecting Australian Champs	SAALC
Girls	100 Breast	SB6	18 yrs	Kate Wilson	KNGC	<b>1:46.57</b>	2/07/2016	Swimming Australia Grand Prix	Brisbane Aquatic Centre
Girls	100 Breast	SB6	Open	Kate Wilson	KNGC	<b>1:46.57</b>	2/07/2016	Swimming Australia Grand Prix	Brisbane Aquatic Centre
Girls	100 Breast	SB7	10 yrs	Madelaine Goodridge	LAUR	<b>3:13.89</b>	22/08/2015	2015 Swimming NSW MC Meet No 3	Blacktown Aquatic Centre
Girls	100 Breast	SB7	11 yrs	Madelaine Goodridge	LAUR	<b>2:47.73</b>	19/03/2016	2016 Swimming NSW MC Meet 1	Ryde Aquatic Leisure Centre
Girls	100 Breast	SB7	12 yrs	Madelaine Goodridge	LAUR	<b>2:34.66</b>	23/04/2017	2017 Australian Age Championships	Brisbane Aquatic Centre
Girls	100 Breast	SB7	13 yrs	Madelaine Goodridge	LAUR	<b>2:32.93</b>	28/04/2018	2018 Australian Age Championships	SOPAC
Girls	100 Breast	SB7	14 yrs	McKinley Arnison	LISM	<b>1:53.89</b>	14/02/2020	2020 Victorian Open Championships	MSAC
Girls	100 Breast	SB7	15 yrs	Madelaine Goodridge	LAUR	<b>2:31.72</b>	1/03/2020	2020 MC 1	SOPAC
Girls	100 Breast	SB7	Open	McKinley Arnison	LISM	<b>1:53.89</b>	14/02/2020	2020 Victorian Open Championships	MSAC
Girls	100 Breast	SB8	12 yrs	McKinley Arnison	LISM	<b>2:05.97</b>	5/12/2017	2017 Pacific School Games	SAALC
Girls	100 Breast	SB8	14 yrs	McKinley Arnison	LISM	<b>1:55.18</b>	15/03/2020	2020 NSW State Open Championships	SOPAC
Girls	100 Breast	SB8	15 yrs	McKinley Arnison	LISM	<b>1:45.61</b>	12/12/2020	2020-21 NSW Senior State Age Championships	SOPAC
Girls	100 Breast	SB8	15 yrs	McKinley Arnison	LISM	<b>1:45.61</b>	12/12/2020	2020-21 NSW Senior State Age Championships	SOPAC
Girls	100 Breast	SB8	Open	McKinley Arnison	LISM	<b>1:45.61</b>	12/12/2020	2020-21 NSW Senior State Age Championships	SOPAC
Girls	100 Breast	SB8	Open	McKinley Arnison	LISM	<b>1:45.61</b>	12/12/2020	2020-21 NSW Senior State Age Championships	SOPAC
Girls	100 Breast	SB9	13 yrs	Paige Leonhardt	PTMQ	<b>1:27.38</b>	4/04/2014	2014 Australian Swimming Championships	Brisbane Aquatic Centre
Girls	100 Breast	SB9	14 yrs	Paige Leonhardt	WGHM	<b>1:27.82</b>	20/04/2015	2015 GHF Australian Age Championships	SOPAC
Girls	100 Breast	SB9	15 yrs	Paige Leonhardt	WGHM	<b>1:21.31</b>	13/04/2016	2016 Hancock Prospecting Australian Champs	SAALC
Girls	100 Breast	SB9	16 yrs	Maddyson Lloyd	LISM	<b>1:28.10</b>	2/03/2018	2018 Hancock Prospecting Australian Trials	Gold Coast Aquatic Centre
Girls	100 Breast	SB9	17 yrs	Maddyson Lloyd	LISM	<b>1:27.98</b>	28/04/2018	2018 Australian Age Championships	SOPAC
Girls	100 Breast	SB9	Open	Paige Leonhardt	WGHM	<b>1:21.31</b>	13/04/2016	2016 Hancock Prospecting Australian Champs	SAALC
Girls	100 Breast	SB14	10 yrs	Sarah McIntosh	LAUR	<b>2:04.72</b>	11/01/2015	2015 NSW Country Regional - Taree	Manning Aquatic Leisure Centre
Girls	100 Breast	SB14	11 yrs	Sarah McIntosh	LAUR	<b>1:53.65</b>	25/11/2015	2015 Pacific School Games	Adelaide
Girls	100 Breast	SB14	12 yrs	Paige Leonhardt	PTMQ	<b>1:37.28</b>	15/04/2013	2013 GHSF Australian MC Age Championships	SA Aquatic and Leisure Centre
Girls	100 Breast	SB14	13 yrs	Talea Fernance	WGHM	<b>1:35.53</b>	29/11/2014	2014 Swimming NSW MC Championships	Sydney Olympic Park Aquatic Centre
Girls	100 Breast	SB14	14 yrs	Sarah McIntosh	LAUR	<b>1:29.87</b>	22/04/2019	2019 Australian Age Championships	SA Aquatic and Leisure Centre
Girls	100 Breast	SB14	15 yrs	Madeleine McTernan	COFH	<b>1:44.45</b>	4/03/2016	2016 NSW State Open Championships	SOPAC
Girls	100 Breast	SB14	16 yrs	Jamie Plunkett	GRFT	<b>1:53.81</b>	5/04/2021	2021 Australian Age Championships	Gold Coast Aquatic Centre
Girls	100 Breast	SB14	17 yrs	Claire McIntosh	LAUR	<b>1:53.24</b>	4/11/2017	Kempsey Invitational Meet	McElhone Memorial
Girls	100 Breast	SB14	18 yrs	Claire McIntosh	LAUR	<b>1:41.45</b>	22/04/2019	2019 Australian Age Championships	SA Aquatic and Leisure Centre
Girls	100 Breast	SB14	Open	Sarah McIntosh	LAUR	<b>1:29.87</b>	22/04/2019	2019 Australian Age Championships	SA Aquatic and Leisure Centre

## *Swimming North Coast - Girls Multi Class Long Course Overall Records as at Wednesday, 8 November 2023*

<i>Gender</i>	<i>Event</i>	<i>Class</i>	<i>Age</i>	<i>Swimmer</i>	<i>Club</i>	<i>Record Time</i>	<i>Date of Swim</i>	<i>Meet</i>	<i>Pool</i>
Girls	100 Breast	SB19	13 yrs	Rose-Anna Herden	COFH	<b>1:43.63</b>	8/04/2023	2023 Australian Age & MC Age Championships	Gold Coast Aquatic Centre
Girls	100 Breast	SB19	15 yrs	Amelia Moore	COFH	<b>1:33.40</b>	26/11/2022	SNC Division 1 Championships	Port Macquarie Swim Centre
Girls	100 Breast	SB19	16 yrs	Amelia Moore	COFH	<b>1:39.32</b>	21/10/2023	Coffs Spring Sprint 2023	Coffs Harbour War Memorial Olympic
Girls	100 Breast	SB19	Open	Amelia Moore	COFH	<b>1:33.40</b>	26/11/2022	SNC Division 1 Championships	Port Macquarie Swim Centre
Girls	200 Breast	SB9	13 yrs	Paige Leonhardt	PTMQ	<b>3:22.38</b>	8/12/2013	SNC Summer LC Championships2013	Coffs Harbour
Girls	200 Breast	SB9	14 yrs	Paige Leonhardt	PTMQ	<b>3:12.96</b>	7/12/2014	SNC Summer LC Championships 2014	Coffs Harbour
Girls	200 Breast	SB9	15 yrs	Paige Leonhardt	WGHM	<b>2:59.17</b>	22/01/2016	2016 NSW 13-18 Years State Age Championship	SOPAC
Girls	200 Breast	SB9	16 yrs	Maddyson Lloyd	LISM	<b>3:26.96</b>	26/11/2017	2017 SNC Summer LC Championships	Coffs Harbour Memorial
Girls	200 Breast	SB9	Open	Paige Leonhardt	WGHM	<b>2:59.17</b>	22/01/2016	2016 NSW 13-18 Years State Age Championship	SOPAC
Girls	200 Breast	SB14	11 yrs	Paige Leonhardt	PTMQ	<b>4:10.46</b>	28/07/2012	NSW Multi Class Meet No 3	Blacktown
Girls	200 Breast	SB14	12 yrs	Paige Leonhardt	PTMQ	<b>3:36.02</b>	23/03/2013	2013 Swimming NSW MC Meet No. 1	Blacktown
Girls	200 Breast	SB14	13 yrs	Paige Leonhardt	PTMQ	<b>3:34.82</b>	4/10/2013	Port Macquarie Qualifying Meet	Port Macquarie
Girls	200 Breast	SB14	14 yrs	Sarah McIntosh	LAUR	<b>3:27.99</b>	24/11/2018	2018 SNC Summer LC Championships	Coffs Harbour Memorial
Girls	200 Breast	SB14	Open	Sarah McIntosh	LAUR	<b>3:27.99</b>	24/11/2018	2018 SNC Summer LC Championships	Coffs Harbour Memorial
Girls	200 Breast	SB19	13 yrs	Rose-Anna Herden	COFH	<b>3:46.37</b>	13/01/2023	Coffs Harbour Summer Splash 2023	Coffs Harbour Olympic War Memorial
Girls	200 Breast	SB19	14 yrs	Rose-Anna Herden	COFH	<b>3:36.30</b>	7/10/2023	Macksville Marlins Qualifying Meet	Macksville Aquatic Centre
Girls	200 Breast	SB19	Open	Rose-Anna Herden	COFH	<b>3:36.30</b>	7/10/2023	Macksville Marlins Qualifying Meet	Macksville Aquatic Centre

# Swimming North Coast - Girls Multi Class Long Course Overall Records as at Wednesday, 8 November 2023

Gender	Event	Class	Age	Swimmer	Club	Record Time	Date of Swim	Meet	Pool
Girls	50 Fly	S6	12 yrs	Kate Wilson	KNGC	<b>57.44</b>	9/05/2011	NSW All Schools	SOPAC
Girls	50 Fly	S6	13 yrs	Kate Wilson	KNGC	<b>51.53</b>	7/05/2012	NSW All Schools	SOPAC
Girls	50 Fly	S6	14 yrs	Kate Wilson	KNGC	<b>46.14</b>	15/04/2013	2013 GHSF Australian MC Age Championships	SA Aquatic and Leisure Centre
Girls	50 Fly	S6	15 yrs	Kate Wilson	KNGC	<b>44.70</b>	5/04/2014	2014 Australian Swimming Championships	Brisbane Aquatic Centre
Girls	50 Fly	S6	16 yrs	Kate Wilson	KNGC	<b>43.00</b>	3/04/2015	2015 Australian Swimming Championships	SOPAC, Sydney
Girls	50 Fly	S6	17 yrs	Kate Wilson	KNGC	<b>44.42</b>	13/02/2016	Murwillumbah Qualifying Carnival	Tweed Regional Aquatic Centre
Girls	50 Fly	S6	18 yrs	Kate Wilson	KNGC	<b>44.79</b>	1/07/2016	Swimming Australia Grand Prix	Brisbane Aquatic Centre
Girls	50 Fly	S6	Open	Kate Wilson	KNGC	<b>43.00</b>	3/04/2015	2015 Australian Swimming Championships	SOPAC, Sydney
Girls	50 Fly	S7	11 yrs	Madelaine Goodridge	LAUR	<b>1:11.32</b>	1/10/2016	Port Macquarie Swimming Club LC Meet	Port Macquarie
Girls	50 Fly	S7	12 yrs	Madelaine Goodridge	LAUR	<b>1:12.13</b>	4/02/2017	2017 SNC Qualifying Meet - Taree	Manning Aquatic Centre
Girls	50 Fly	S7	13 yrs	Madelaine Goodridge	LAUR	<b>1:12.00</b>	27/01/2018	2018 NSW Country Regionals - Port Macquarie	Port Macquarie
Girls	50 Fly	S7	14 yrs	Madelaine Goodridge	LAUR	<b>1:04.50</b>	24/11/2018	2018 SNC Summer LC Championships	Coffs Harbour Memorial
Girls	50 Fly	S7	Open	Jacqueline Freney	RVLY	<b>34.80</b>	17/03/2012	2012 Energy Australia Swimming Championships	SA Aquatic and Leisure Centre
Girls	50 Fly	S8	10 yrs	McKinley Arnison	RVLY	<b>58.51</b>	7/04/2016	PSSA 2016	Sydney Olympic Park Aquatic Centre
Girls	50 Fly	S8	11 yrs	McKinley Arnison	RVLY	<b>48.96</b>	23/04/2017	2017 Australian Age Championships	Brisbane Aquatic Centre
Girls	50 Fly	S8	12 yrs	McKinley Arnison	LISM	<b>47.42</b>	8/04/2018	NSW CHS Swimming Championships 2018	Sydney Aquatic Centre Homebush
Girls	50 Fly	S8	13 yrs	McKinley Arnison	LISM	<b>40.73</b>	22/04/2019	2019 Australian Age Championships	SA Aquatic and Leisure Centre
Girls	50 Fly	S8	14 yrs	McKinley Arnison	LISM	<b>44.50</b>	3/03/2020	North Coast CHS 2020 Swimming Championship	Coffs Harbour
Girls	50 Fly	S8	Open	Ella Jones	TRLM	<b>36.20</b>	9/04/2022	2022 Australian MC Championships	SAALC
Girls	50 Fly	S9	10 yrs	Emily Evans	ALST	<b>1:11.43</b>	4/04/2022	2022 PSSA Championships	Sydney Olympic Park Aquatic Centre
Girls	50 Fly	S9	11 yrs	Emily Evans	ALST	<b>1:10.37</b>	6/04/2023	2023 NSW PSSA Swimming Championships	SOPAC
Girls	50 Fly	S9	15 yrs	McKinley Arnison	LISM	<b>39.41</b>	28/05/2021	NSW All Schools 2021	SOPAC
Girls	50 Fly	S9	16 yrs	McKinley Arnison	ALST	<b>37.90</b>	30/03/2022	2022 NSW CHS	SOPAC
Girls	50 Fly	S9	17 yrs	McKinley Arnison	ALST	<b>36.66</b>	14/12/2022	2022-23 NSW Senior State Age Championships	Sydney Olympic Park Aquatic Centre
Girls	50 Fly	S9	Open	McKinley Arnison	ALST	<b>36.66</b>	14/12/2022	2022-23 NSW Senior State Age Championships	Sydney Olympic Park Aquatic Centre
Girls	50 Fly	S10	12 yrs	Paige Dalby	EHSC	<b>56.55</b>	13/03/2023	2023 North Coast CHS Swimming Championship	Alstonville
Girls	50 Fly	S10	13 yrs	Paige Leonhardt	PTMQ	<b>35.82</b>	5/04/2014	2014 Australian Swimming Championships	Brisbane Aquatic Centre
Girls	50 Fly	S10	14 yrs	Paige Leonhardt	WGHM	<b>33.47</b>	20/04/2015	2015 GHF Australian Age Championships	SOPAC
Girls	50 Fly	S10	15 yrs	Paige Leonhardt	WGHM	<b>33.05</b>	5/12/2015	SNC Summer LC Championships 2015	Coffs Harbour Pool
Girls	50 Fly	S10	17 yrs	McKinley Arnison	ALST	<b>37.73</b>	4/05/2023	2023 NSW CHS	Sydney Aquatic Centre Homebush
Girls	50 Fly	S10	Open	Paige Leonhardt	WGHM	<b>33.05</b>	5/12/2015	SNC Summer LC Championships 2015	Coffs Harbour Pool
Girls	50 Fly	S14	9 yrs	Sarah McIntosh	LAUR	<b>1:11.00</b>	7/03/2014	Lismore Diocesan Primary Swimming Carnival	Murwillumbah
Girls	50 Fly	S14	10 yrs	Sarah McIntosh	LAUR	<b>57.38</b>	18/05/2015	New South Wales All Schools Swimming 2015	SOPAC
Girls	50 Fly	S14	11 yrs	Sarah McIntosh	LAUR	<b>49.72</b>	2/03/2016	Lismore Diocesan Primary Swimming Carnival	Lismore Memorial Baths
Girls	50 Fly	S14	12 yrs	Paige Leonhardt	PTMQ	<b>42.78</b>	2/04/2013	NSW PSSA Championships	SOPAC
Girls	50 Fly	S14	13 yrs	Sarah McIntosh	LAUR	<b>37.62</b>	6/04/2018	NSW CCC Swimming 2018	SOPAC



# Swimming North Coast - Girls Multi Class Long Course Overall Records as at Wednesday, 8 November 2023

Gender	Event	Class	Age	Swimmer	Club	Record Time	Date of Swim	Meet	Pool
Girls	50 Fly	S14	14 yrs	Sarah McIntosh	LAUR	<b>35.54</b>	22/04/2019	2019 Australian Age Championships	SA Aquatic and Leisure Centre
Girls	50 Fly	S14	15 yrs	Madeleine McTernan	COFH	<b>36.61</b>	6/05/2016	NSW All Schools	SOPAC
Girls	50 Fly	S14	16 yrs	Jamie Plunkett	GRFT	<b>40.14</b>	28/04/2021	2021 NSW CHS	Sydney Aquatic Centre Homebush
Girls	50 Fly	S14	17 yrs	Claire McIntosh	LAUR	<b>40.10</b>	24/02/2018	2018 NSW Country Championships	SOPAC
Girls	50 Fly	S14	18 yrs	Kimberley Beaton	WGHM	<b>35.96</b>	5/04/2014	2014 Australian Swimming Championships	Brisbane Aquatic Centre
Girls	50 Fly	S14	Open	Taylor Corry	TRLM	<b>31.81</b>	25/11/2017	2017 SNC Summer LC Championships	Coffs Harbour Memorial
Girls	50 Fly	S15	17 yrs	Taylor Briley	COFH	<b>42.05</b>	8/04/2018	NSW CHS Swimming Championships 2018	Sydney Aquatic Centre Homebush
Girls	50 Fly	S15	Open	Taylor Briley	COFH	<b>42.05</b>	8/04/2018	NSW CHS Swimming Championships 2018	Sydney Aquatic Centre Homebush
Girls	50 Fly	S19	13 yrs	Rose-Anna Herden	COFH	<b>40.94</b>	4/05/2023	2023 NSW CHS	Sydney Aquatic Centre Homebush
Girls	50 Fly	S19	14 yrs	Rose-Anna Herden	COFH	<b>39.92</b>	21/10/2023	Coffs Spring Sprint 2023	Coffs Harbour War Memorial Olympic
Girls	50 Fly	S19	15 yrs	Amelia Moore	COFH	<b>33.64</b>	7/04/2023	2023 Australian Age & MC Age Championships	Gold Coast Aquatic Centre
Girls	50 Fly	S19	16 yrs	Amelia Moore	COFH	<b>34.61</b>	4/05/2023	2023 NSW CHS	Sydney Aquatic Centre Homebush
Girls	50 Fly	S19	17 yrs	Lily-Grace Herden	COFH	<b>36.08</b>	7/10/2023	Macksville Marlins Qualifying Meet	Macksville Aquatic Centre
Girls	50 Fly	S19	Open	Amelia Moore	COFH	<b>33.64</b>	7/04/2023	2023 Australian Age & MC Age Championships	Gold Coast Aquatic Centre
Girls	100 Fly	S6	15 yrs	Kate Wilson	KNGC	<b>1:42.59</b>	28/02/2014	2014 NSW State Open Championships	SOPAC
Girls	100 Fly	S6	16 yrs	Kate Wilson	KNGC	<b>1:43.00</b>	19/04/2015	2015 GHF Australian Age Championships	SOPAC
Girls	100 Fly	S6	17 yrs	Kate Wilson	KNGC	<b>1:44.53</b>	21/11/2015	2015 Pacific School Games	Adelaide
Girls	100 Fly	S6	Open	Kate Wilson	KNGC	<b>1:42.59</b>	28/02/2014	2014 NSW State Open Championships	SOPAC
Girls	100 Fly	S9	15 yrs	McKinley Arnison	LISM	<b>1:27.94</b>	20/02/2021	2021 NSW Country Championships	SOPAC
Girls	100 Fly	S9	Open	McKinley Arnison	LISM	<b>1:27.94</b>	20/02/2021	2021 NSW Country Championships	SOPAC
Girls	100 Fly	S10	13 yrs	Paige Leonhardt	PTMQ	<b>1:27.43</b>	20/04/2014	2014 Australian Age MC Championships	SOPAC
Girls	100 Fly	S10	14 yrs	Paige Leonhardt	WGHM	<b>1:22.20</b>	28/02/2015	2015 NSW State Open Championships	SOPAC
Girls	100 Fly	S10	15 yrs	Paige Leonhardt	WGHM	<b>1:11.16</b>	10/04/2016	2016 Hancock Prospecting Australian Champs	SAALC
Girls	100 Fly	S10	Open	Paige Leonhardt	WGHM	<b>1:11.16</b>	10/04/2016	2016 Hancock Prospecting Australian Champs	SAALC
Girls	100 Fly	S14	12 yrs	Paige Leonhardt	PTMQ	<b>1:46.10</b>	15/09/2013	2013 McDonald's Qld Multi Class Championships	Brisbane Aquatic Centre
Girls	100 Fly	S14	13 yrs	Jamie Plunkett	GRFT	<b>1:35.02</b>	19/12/2018	2018 Queensland Championships	Brisbane Aquatic Centre
Girls	100 Fly	S14	14 yrs	Talea Fernance	WGHM	<b>1:21.89</b>	19/04/2015	2015 GHF Australian Age Championships	SOPAC
Girls	100 Fly	S14	15 yrs	Madeleine McTernan	COFH	<b>1:25.62</b>	4/03/2016	2016 NSW State Open Championships	SOPAC
Girls	100 Fly	S14	16 yrs	Jamie Plunkett	GRFT	<b>1:45.19</b>	5/04/2021	2021 Australian Age Championships	Gold Coast Aquatic Centre
Girls	100 Fly	S14	18 yrs	Claire McIntosh	LAUR	<b>1:46.22</b>	12/01/2019	PMSC LC Qualifying Meet	Port Macquarie
Girls	100 Fly	S14	Open	Taylor Corry	TRLM	<b>1:08.77</b>	13/08/2018	Pan Pacific Para Swimming Championships	Cairns
Girls	100 Fly	S19	15 yrs	Amelia Moore	COFH	<b>1:22.14</b>	12/12/2022	2022-23 NSW Senior State Age Championships	Sydney Olympic Park Aquatic Centre
Girls	100 Fly	S19	17 yrs	Lily-Grace Herden	COFH	<b>1:26.58</b>	21/10/2023	Coffs Spring Sprint 2023	Coffs Harbour War Memorial Olympic
Girls	100 Fly	S19	Open	Amelia Moore	COFH	<b>1:22.14</b>	12/12/2022	2022-23 NSW Senior State Age Championships	Sydney Olympic Park Aquatic Centre

# Swimming North Coast - Girls Multi Class Long Course Overall Records as at Wednesday, 8 November 2023

Gender	Event	Class	Age	Swimmer	Club	Record Time	Date of Swim	Meet	Pool
Girls	200 IM	SM6	13 yrs	Kate Wilson	KNGC	<b>4:19.55</b>	1/04/2012	NSW Multi Class Meet No 1	Blacktown
Girls	200 IM	SM6	14 yrs	Kate Wilson	KNGC	<b>3:40.16</b>	15/04/2013	2013 GHSF Australian MC Age Championships	SA Aquatic and Leisure Centre
Girls	200 IM	SM6	15 yrs	Kate Wilson	KNGC	<b>3:29.95</b>	21/04/2014	2014 Australian Age MC Championships	SOPAC
Girls	200 IM	SM6	16 yrs	Kate Wilson	KNGC	<b>3:28.11</b>	3/04/2015	2015 Australian Swimming Championships	SOPAC, Sydney
Girls	200 IM	SM6	17 yrs	Kate Wilson	KNGC	<b>3:22.92</b>	12/04/2016	2016 Hancock Prospecting Australian Champs	SAALC
Girls	200 IM	SM6	18 yrs	Kate Wilson	KNGC	<b>3:25.69</b>	1/07/2016	Swimming Australia Grand Prix	Brisbane Aquatic Centre
Girls	200 IM	SM6	Open	Kate Wilson	KNGC	<b>3:22.92</b>	12/04/2016	2016 Hancock Prospecting Australian Champs	SAALC
Girls	200 IM	SM7	Open	Jacqueline Freney	RVLY	<b>2:54.42</b>	30/08/2012	2012 Paralympic Games	London
Girls	200 IM	SM8	12 yrs	McKinley Arnison	LISM	<b>3:35.57</b>	28/04/2018	2018 Australian Age Championships	SOPAC
Girls	200 IM	SM8	13 yrs	McKinley Arnison	LISM	<b>3:26.37</b>	8/04/2019	NSW CHS Championships	SOPAC
Girls	200 IM	SM8	14 yrs	McKinley Arnison	LISM	<b>3:18.11</b>	14/02/2020	2020 Victorian Open Championships	MSAC
Girls	200 IM	SM8	Open	Ella Jones	TRLM	<b>3:07.30</b>	9/04/2022	2022 Australian MC Championships	SAALC
Girls	200 IM	SM9	15 yrs	McKinley Arnison	LISM	<b>3:02.93</b>	28/04/2021	2021 NSW CHS	Sydney Aquatic Centre Homebush
Girls	200 IM	SM9	16 yrs	McKinley Arnison	ALST	<b>3:03.11</b>	18/02/2022	2022 NSW Country Championships	SOPAC
Girls	200 IM	SM9	17 yrs	McKinley Arnison	ALST	<b>3:02.89</b>	10/12/2022	2022-23 NSW Senior State Age Championships	Sydney Olympic Park Aquatic Centre
Girls	200 IM	SM9	Open	McKinley Arnison	ALST	<b>3:02.89</b>	10/12/2022	2022-23 NSW Senior State Age Championships	Sydney Olympic Park Aquatic Centre
Girls	200 IM	SM10	12 yrs	Paige Dalby	EHSC	<b>4:16.34</b>	5/11/2022	Lismore & Twin Towns Qualifying Carnival	Mullumbimby Pool
Girls	200 IM	SM10	13 yrs	Paige Leonhardt	PTMQ	<b>2:59.95</b>	21/04/2014	2014 Australian Age MC Championships	SOPAC
Girls	200 IM	SM10	14 yrs	Paige Leonhardt	WGHM	<b>2:50.46</b>	20/04/2015	2015 GHF Australian Age Championships	SOPAC
Girls	200 IM	SM10	15 yrs	Paige Leonhardt	WGHM	<b>2:39.11</b>	12/04/2016	2016 Hancock Prospecting Australian Champs	SAALC
Girls	200 IM	SM10	Open	Paige Leonhardt	WGHM	<b>2:39.11</b>	12/04/2016	2016 Hancock Prospecting Australian Champs	SAALC
Girls	200 IM	SM14	10 & unde	Sarah McIntosh S14	LAUR	<b>4:22.85</b>	29/11/2014	Taree Qualifying Carnival	Manning Aquatic Leisure Centre
Girls	200 IM	SM14	11 yrs	Sarah McIntosh	LAUR	<b>3:49.48</b>	21/11/2015	2015 Pacific School Games	Adelaide
Girls	200 IM	SM14	12 yrs	Paige Leonhardt	PTMQ	<b>3:24.32</b>	15/03/2013	2013 NSW State Open Championships	SOPAC
Girls	200 IM	SM14	13 yrs	Talea Fernance	WGHM	<b>2:58.47</b>	29/11/2014	2014 Swimming NSW MC Championships	Sydney Olympic Park Aquatic Centre
Girls	200 IM	SM14	14 yrs	Talea Fernance	WGHM	<b>2:53.22</b>	3/04/2015	2015 Australian Swimming Championships	SOPAC, Sydney
Girls	200 IM	SM14	15 yrs	Madeleine McTernan	COFH	<b>2:51.62</b>	4/04/2016	2016 Australian Age Championships	SAALC
Girls	200 IM	SM14	16 yrs	Jamie Plunkett	GRFT	<b>3:43.38</b>	5/04/2021	2021 Australian Age Championships	Gold Coast Aquatic Centre
Girls	200 IM	SM14	17 yrs	Kimberly Goshorn	PTMQ	<b>3:45.71</b>	8/04/2018	NSW CHS Swimming Championships 2018	Sydney Aquatic Centre Homebush
Girls	200 IM	SM14	18 yrs	Claire McIntosh	LAUR	<b>3:24.64</b>	22/04/2019	2019 Australian Age Championships	SA Aquatic and Leisure Centre
Girls	200 IM	SM14	Open	Taylor Corry	TRLM	<b>2:37.42</b>	11/08/2018	Pan Pacific Para Swimming Champinships	Cairns
Girls	200 IM	SM15	17 yrs	Taylor Briley	COFH	<b>3:25.49</b>	8/04/2018	NSW CHS Swimming Championships 2018	Sydney Aquatic Centre Homebush
Girls	200 IM	SM15	Open	Taylor Briley	COFH	<b>3:25.49</b>	8/04/2018	NSW CHS Swimming Championships 2018	Sydney Aquatic Centre Homebush
Girls	200 IM	SM19	13 yrs	Rose-Anna Herden	COFH	<b>3:06.81</b>	3/05/2023	2023 NSW CHS	Sydney Aquatic Centre Homebush
Girls	200 IM	SM19	14 yrs	Rose-Anna Herden	COFH	<b>3:00.29</b>	30/09/2023	Port Macquarie 2023 LC Qualifying Meet	Port Macquarie Olympic Swimming
Girls	200 IM	SM19	15 yrs	Amelia Moore	COFH	<b>2:53.33</b>	7/04/2023	2023 Australian Age & MC Age Championships	Gold Coast Aquatic Centre

## Swimming North Coast - Girls Multi Class Long Course Overall Records as at Wednesday, 8 November 2023

<i>Gender</i>	<i>Event</i>	<i>Class</i>	<i>Age</i>	<i>Swimmer</i>	<i>Club</i>	<i>Record Time</i>	<i>Date of Swim</i>	<i>Meet</i>	<i>Pool</i>
Girls	200 IM	SM19	16 yrs	Amelia Moore	COFH	<b>3:00.68</b>	3/05/2023	2023 NSW CHS	Sydney Aquatic Centre Homebush
Girls	200 IM	SM19	Open	Amelia Moore	COFH	<b>2:53.33</b>	7/04/2023	2023 Australian Age & MC Age Championships	Gold Coast Aquatic Centre
Girls	400 IM	SM14	14 yrs	Sarah McIntosh	LAUR	<b>6:35.60</b>	28/09/2018	Port Macquarie LC Qualifying Meet	Port Macquarie
Girls	400 IM	SM14	Open	Sarah McIntosh	LAUR	<b>6:35.60</b>	28/09/2018	Port Macquarie LC Qualifying Meet	Port Macquarie