



Lismore Workers Swim Team

invites you to help us celebrate
the refurbishment of Lismore Memorial Baths at our

ANNUAL LC QUALIFYING CARNIVAL

Saturday 16th November 2024
at Lismore Memorial Baths

WARM UP 8:00AM

SEMI-AUTOMATIC TIMING

START 9:00 AM

Male	Female	Age	Dist	Stroke	Male	Female	Age	Dist	Stroke
1	2	Open	400	Free	41	42	Open	400	IM
3	4	8 & U	25	Fly	43	44	8 & U	25	Free
5	6	Multi Class	50	Fly	45	46	Multi Class	50	Free
7	8	12 & U	50	Fly	47	48	12 & U	50	Free
9	10	13 & O	50	Fly	49	50	13 & O	50	Free
11	12	Open	200	Back	51	52	Open	200	Breast
13	14	10 & U	100	Breast	53	54	10 & U	100	Back
15	16	11-12	100	Breast	55	56	11-12	100	Back
17	18	13-14	100	Breast	57	58	13-14	100	Back
19	20	15 & O	100	Breast	59	60	15 & O	100	Back
21	22	8 & U	25	Back	61	62	8 & U	25	Breast
23	24	Multi Class	50	Back	63	64	Multi Class	50	Breast
25	26	12 & U	50	Back	65	66	12 & U	50	Breast
27	28	13 & O	50	Back	67	68	13 & O	50	Breast
29	30	Open	200	Free	69	70	Open	200	Fly
31	32	10 & U	100	Fly	71	72	Multi Class	100	Free
33	34	11-12	100	Fly	73	74	10 & U	100	Free
35	36	13-14	100	Fly	75	76	11-12	100	Free
37	38	15 & O	100	Fly	77	78	13-14	100	Free
39	40	Open	200	IM	79	80	15 & O	100	Free
20 minute lunch break if time permits									

Conditions of Entry

- Swimmers must be registered with Swimming NSW or equivalent state body.
- The carnival will be conducted under the rules of SAL and SNSW. Events will be swum as timed finals.
- Assistance with timekeeping duties from participating clubs will be required.
- **Age is at 16th November 2024.**
- **Entry fee per individual event is \$7.50** (includes SNSW \$1.50 Levy) **Entry Fee for 25m events is \$6.00**
- **Programs \$5.00**
- Normal pool entry fees will apply.
- Swimmers in the 25m events are not permitted to enter any longer distance event in the same stroke. Rule considerations will be applied to swimmers in the 25m events.
- In 25m events medals will be awarded to 1st, 2nd and 3rd placegetters in ages 7&under, 8yrs.
- In 50m events medals will be awarded, depending on age, to 1st, 2nd and 3rd placegetters in ages 8&under, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16&over.
- In 100m events medals will be awarded to 1st, 2nd and 3rd placegetters overall in each event.
- In Open 200m and 400m events medals will be awarded to 1st, 2nd and 3rd placegetters overall in each event.
- In the Multi Class events, medals will be awarded to 1st, 2nd and 3rd placegetters in each event, with places determined by the Multi Class Pointscore.
- The Meet Director reserves the right to amend the program.
- BBQ will be in operation.
- **Entries close 11.59pm Sunday 10th November 2024.**
- **Enter online via Swim Central.** Sign into your Swim Central account, click on Events and find this meet in the calendar.
- **Enquiries:** Graham - mobile: 0401 566 994 or email: lwst.races@gmail.com