

Sawtell Swimming Club

Explosion Qualifying Meet

Saturday 26th October 2024



Location: The Sawtell Swim Centre (Sawtell Swimming Pool)

Warm up - 8am-8.45am

Meet Commencement - 9:00am

Closing Date – 20th October 2024

Boys	Girls	Age	Distance	Stroke	Boys	Girls	Age	Distance	Stroke
1	2	Open TT	400m	Free	23	24	Multi-age	100m	Free
3	4	Multi-age	25m	Breast	25	26	Multi-age	200m	IM
5	6	Multi-age	50m	Breast			Lunch Break		
7	8	Open TT	200m	Back	27	28	Multi-age	100m	Breast
9	10	Multi-age	100m	Fly	29	30	Open TT	200m	Free
11	12	Multi-age	25m	Free	31	32	Multi-age	100m	IM
13	14	Multi-age	50m	Free	33	34	Multi-age	25m	Back
15	16	Multi-age	100m	Back	35	36	Multi-age	50m	Back
17	18	Open TT	200m	Breast	37	38	Open TT	200m	Fly
19	20	Multi-age	25m	Fly					
21	22	Multi-age	50m	Fly					

Meet details

- The carnival will be conducted under the rules of SAL & SNSW. A Swimming North Coast referee will be present for the meet, one start rule will apply.
- Age is as at 26th October 2024
- All events are conducted as timed finals. Semi-automatic timing will be used.
- Normal pool entry will apply.
- Cash will be awarded to the first three male and female placegetters in the following divisions.
 - 25m events – 7yrs and under, 8yrs (\$3, \$2, \$1)
 - 50m events – 7yrs and under, 8-9, 10-11 12-13, 14-15, 16yrs and over (\$6, \$4, \$2)
 - 100m events and 200m IM – 8yrs and under, 9-10, 11-12, 13-14, 15yrs and over (\$6, \$4, \$2)
- Additionally, ribbons will be awarded in the above divisions to all swimmers 10yrs and under.
- Swimmers entering 25m events and 50m events of the same stroke are not eligible to place in the 25m event and will be entered as an exhibition swim for the shorter swim only.
- 200m and 400m events are time trials only.
- The BBQ will be operating on the day for breakfast and lunch. All coaches attending the day will receive a free item of their choice.
- For all queries, please contact Paul Stevens on 0458 585 080 or sawtellswimmingclub@outlook.com
- All clubs will be asked to supply timekeepers
- The program will be made available the day prior to the carnival on Swim Central and Swimming North Coast website. Follow 'Sawtell Swimming Club Community' Facebook page for updates
- Entry fee **\$6.50 per event.**